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meat 肉beef 牛肉veal 小牛肉lamb 羊肉sirloin 牛脊肉steak 牛排chop 连骨肉,排骨cutlet 肉条stew 炖肉roast 烤肉pork 猪肉ham 火腿bacon 咸肉sausage 香肠black pudding, blood sausage 血肠cold meats 冷盘 (美作:cold cuts)chicken 鸡turkey 火鸡duck 鸭fish 鱼vegetables 蔬菜dried legumes 干菜chips 炸薯条,炸土豆片 (美作:French fries)mashed potatoes 马铃薯泥pasta 面条noodles 面条,挂面macaroni 通心粉consomme 肉煮的清汤broth 肉汤milk 奶cheese 奶酪butter 奶油bread 面包slice of bread 面包片crust 面包皮crumb 面包心egg 蛋boiled eggs, soft-boiled eggs 水煮蛋hard-boiled eggs 煮硬了的蛋fried eggs 煎蛋poached eggs 荷包蛋scrambled eggs 炒鸡蛋,摊鸡蛋omelet 煎蛋卷pastry 糕点sponge cake 奶油鸡蛋,蜂糕tart 果馅糕点biscuits (英)饼干,(美)小面包fruit 水果ice cream 冰淇淋compote 蜜饯jam, preserves 果酱marmalade 桔子酱spices 调料salt 盐vinegar 醋sauce 酱油oil 油salad oil 色拉油pepper 辣椒mustard 芥末clove 丁香

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