

06年GCT英语完型填空专项训练(十二) PDF转换可能丢失图片或格式，建议阅读原文

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Health experts have given sunshine a bad reputation, for good reason. After all, too much sun put you at increased risk of skin cancer. But several studies found that careful and brief sun ___1___ may fight disease. Catching few rays may help ___2___ colon cancer by stimulating your skin to manufacture vitamin D. most adults don't get enough so-called sunshine vitamin, probably because we avoid dietary source of D ___3___ fortified milk and dairy products. Measured doses of sunlight can help ___4___ the shortfall. A large-scale eight-year study revealed that people with the highest levels of vitamin D in their blood were ___5___ to get colon cancer. The main reason is ___6___ vitamin D seems to prevent cancerous changed in cells and also causes the bowel to ___7___ calcium, an anticancer mineral. Exposing your arms and chest ___8___ the sun for just 10 minutes a day in summer, and 20 minutes a day in spring and fall, can ___9___ vitamin D levels to the colon cancer-fighting range. For most people, this amount of sun is ___10___ increase the risk of skin cancer. But after this brief period of sun exposure, use sunscreen to protect your skin.

1. [A] explosion [B] exposure [C] expansion [D] exhibition
2. [A] ease [B] decrease [C] reduce [D] combat
3. [A] because of [B] such as [C] in spite of [D] for example
4. [A] make out [B] make for [C] make up for [D] make over
5. [A] most [B] more [C] least [D] less
6. [A] that [B] why [C]

what[D]whether 7. [A]absorb[B] receive[C] accept[D]abuse 8.
[A]under[B] in[C] to[D]for 9. [A]lift[B] rise[C] arise[D]raise 10.
[A]very small to[B]small enough to [C] too small to[D]so small to

参考答案：1.B 2.D 3.B 4.C 5.C, 6.A 7.A 8.C 9.D 10.C 100Test 下

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