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https://www.100test.com/kao_ti2020/121/2021_2022__E8_8B_B1_E8_AF_AD_E5_9B_9B_E7_c83_121169.htm For many people today, reading is no longer relaxation. To keep up their work they must read letters, reports, trade publications, interoffice communications, not to mention newspapers and magazines: a never--ending flood of words. In --1-- a job or advancing in one, the ability to read and comprehend --2-- can mean the difference between success and failure. Yet the unfortunate fact is that most of us are --3-- readers. Most of us develop poor reading --4-- at an early age, and never get over them. The main deficiency --5-- in the actual stuff of language itself--words. Taken individually, words have --6-- meaning until they are strung together into phrased, sentences and paragraphs. --7--, however, the untrained reader does not read groups of words. He laboriously reads one word at a time, often regressing to --8-- words or passages. Regression, the tendency to look back over --9-- you have just read, is a common bad habit in reading. Another habit which --10-- down the speed of reading is vocalizationsounding each word either orally or mentally as --11-- reads. To overcome these bad habits, some reading clinics use a device called an --12--, which moves a bar (or curtain) down the page at a predetermined speed. The bar is set at a slightly faster rate --13-- the reader finds comfortable, in order to "stretch" him. The accelerator forces the reader to read fast, --14-- word--by--word reading, regression and subvocalization, practically impossible. At

first --15-- is sacrificed for speed. But when you learn to read ideas and concepts, you will not only read faster, --16-- your comprehension will improve. Many people have found --17-- reading skill drastically improved after some training. --18-- Charice Au, a business manager, for instance, his reading rate was a reasonably good 172 words a minute --19-- the training, now it is an excellent 1,378 words a minute. He is delighted that how he can --20-- a lot more reading material in a short period of time. 100Test 下载频道开通，各类考试题目直接下载。详细请访问 www.100test.com