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https://www.100test.com/kao_ti2020/121/2021_2022__E5_9B_9B_E7_BA_A7_E8_80_83_E8_c83_121367.htm How to Face up to Your Difficulties 如何面对困难 [参考译文] Life is not always full of smiles and flowers. Every person has his own difficulties no matter how high his position or how great his achievement is. So it is of vital importance to have a correct attitude to face up to difficulties. Some people feel so dejected about their difficulties that they fall into pessimism. others resort to putting the blame on others, the society or circumstance. still others are frightened by difficulties and give up halfway. All these people don ' t use their abilities to overcome difficulties. So their attitudes are negative. The positive method is to utilize your ability to clear away your difficulties that appear in your way of life rather than run away from them. Confront difficulties with joyful energy and enthusiasm , and you will find the difficulties are really not so hard as they appear and they will disappear in due course. 100Test 下载频道开通，各类考试题目直接下载。详细请访问 www.100test.com