

四级写作讲义--常用表达篇 PDF转换可能丢失图片或格式，  
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[https://www.100test.com/kao\\_ti2020/121/2021\\_2022\\_\\_E5\\_9B\\_9B\\_E7\\_BA\\_A7\\_E5\\_86\\_99\\_E4\\_c83\\_121890.htm](https://www.100test.com/kao_ti2020/121/2021_2022__E5_9B_9B_E7_BA_A7_E5_86_99_E4_c83_121890.htm) 本文来自新东方名师的课堂讲义，名师总结了写作中能常用到的一些词语，现将其整理如下，希望对大家的四，六级写作有帮助。

一、表达万能理由 (Omnipotence) :

- 1、方便 : convenient/convenience
- 2、效率 : efficient/efficiently/efficiency
- 3、节省和浪费 : save time/money/space. economical, thrift, waste time/money/space. costly, lavish
- 4、人的心理健康 : independent, cooperative, competitive, considerate, confident, creative, sociable, perseverance. selfish, isolated, conservative
- 5、人的身体健康 : health, disease, strong, strength, energetic
- 6、娱乐 : colorful, pleasure, joy, recreation, entertainment, relax, tired, boring, lonely
- 7、环境 : environment, pollute, poisonous, dirty
- 8、安全和危险 : safe, danger, risk
- 9、经验 : experience, social experience, enter the society
- 10、人际 : humane, fair, unfair, help, assist, freedom, freely

二、基本表达 (Basic Elements of English Writing) :

- 1、越来越 : be increasingly adj., be on the rise, the growing number of
- 2、人们认为 : it is generally/widely believed/held/agreed that
- 3、许多问题 : a host of/a number of problems
- 4、引起人们注意 : claim call/attract general/public/world attention to sth.
- 5、意识到 : there is a growing awareness/realization of/that, awaken sb. to the fact/danger
- 6、适应新的形势/变化 : adapt/adjust/accommodate oneself to new environment/change
- 7、接触各种思想/经历 : be exposed to new ideas/experiences/problems
- 8、接触社会 : come

into frequent/close contact with the world/society 9、 获得成功  
： achieve/accomplish success 10、 提出观点/建议： advance / put  
forward / come up with the arguments/ideas/suggestions 11、 作出  
努力： make tremendous/persistent/sustained effort to do sth., take  
great pains to do(with work/study) 12、 影响学习/工作： interfere  
with studies/work 13、 产生影响： have/exert a profound influence  
on life/personality, have a dramatic/undesirable effect on 14、 较好  
地驾驭生活： be a better pilot of one ' s life 15、 剥夺机会/权力  
： deprive oneself of the chance/right/opportunity 100Test 下载频  
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