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https://www.100test.com/kao_ti2020/122/2021_2022__E8_8B_B1_E8_AF_AD_E5_9B_9B_E7_c83_122371.htm The way people hold to the belief that a fun filled, painfree life equals happiness actually reduces their chances of ever attaining real happiness. If fun and pleasure are equal to happiness then pain must be equal to unhappiness. But in fact, the opposite is true: more often than not things that lead to happiness involve some pain. As a result, many people avoid the very attempts that are the source of true happiness. They fear the pain inevitably brought by such things as marriage, raising children, professional achievement, religious commitment (承担的业务), self improvement. Ask a bachelor (单身汉) why he resists marriage even though he finds dating to be less and less satisfying. If he is honest he will tell you that he is afraid of making a commitment. For commitment is in fact quite painful. The single life is filled with fun, adventure, excitement. Marriage has such moments, but they are not its most distinguishing features. Couples with infant children are lucky to get a whole nights sleep or a three day vacation. I dont know any parent who would choose the word fun to describe raising children. But couple who decide not to have children never know the joys of watching a child grow up or of playing with a grandchild. Understanding and accepting that true happiness has nothing to do with fun is one of the most liberating realizations. It liberates time: now we can devote more hours to activities that can genuinely increase our happiness. It liberates

money: buying that new car or those fancy clothes that will do nothing to increase our happiness now seems pointless. And it liberates us from envy: we now understand that all those who are always having so much fun actually may not be happy at all.1.

According to the author, a bachelor resists marriage chiefly because .A. he is reluctant to take on family responsibilitiesB. he believes that life will be more cheerful if he remains singleC. he finds more fun in dating than in marriageD. he fears it will put an end to all his fun adventure and excitement2. Raising children, in the authors opinion, is .A. a moral dutyB. a thankless jobC. a rewarding taskD. a source of inevitable pain3. From the last paragraph, we learn that envy sometimes stems from .A. hatred B. misunderstanding C. prejudice D. ignorance4. To understand what true happiness is one must .A. have as much run as possible during ones lifetimeB. make every effort to liberate oneself from painC. put up with pain under all circumstancesD. be able to distinguish happiness from fun5. What is the author trying to tell us?A. Happiness often goes hand in hand with pain.B. One must know how to attain happiness.C. It is important to make commitments.D. It is pain that leads to happiness.

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