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https://www.100test.com/kao_ti2020/127/2021_2022_GMAT_E8_80_83_E8_AF_95_c89_127351.htm 52. I agree generally that setting

new goals in small increments above past accomplishments is a reliable path to achieving those goals. I think anyone would be hard-pressed to find fault with this advice. Nevertheless, in some exceptional instances, a more dramatic "leap-frog" approach may be more appropriate, or even necessary, to achieve a significant goal.

The virtues of setting goals in small, easily-attainable increments are undeniable. Overwhelming challenges are reduced to readily attainable tasks. A psychological boost is afforded by each intermediate success, helping to ensure that the achiever won't become discouraged and give up. Each step in this process can raise one's level of aspiration, and in manageable proportions that make success more likely. Moreover, this approach can be used by anyone: a sedentary office worker who decides to complete the New York Marathon, a paralegal who wishes to become a surgeon, or a small business owner who aspires to become CEO of a Fortune 500 Company. In some instances, however, the step-by-step approach is not adequate. For example, many great creative achievements in art, music, and literature are made not by the achievers' disciplined setting of incremental goals, but rather by a spontaneous flash of brilliance and intense creativity. Another exception to this approach is the case of the ultra-successful actor, model, or even socialite who might suddenly leap-frog to his or her goal through serendipity. Third, for

those who have already achieved great things, taking baby steps toward the next goal would only frustrate them and slow them down. Suppose, for example, a recent gold medalist in the Olympic Games 100-meter sprint wishes to become a member the football franchise that won last years Super Bowl. What small, incremental accomplishments are needed to achieve his goal? None, aside from a phone call by his agent to the front office of the team. Admittedly, these are exceptional cases: yet they do exist. In conclusion, setting modest but increasingly higher goals is generally good advice. Yet this approach may be inappropriate or inadequate under certain exceptional circumstances. 100Test 下载频道开通，各类考试题目直接下载。详细请访问 www.100test.com