全国职称英语考试卫生类C级课堂笔记第5讲:补全短文第一讲
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级Bedwetting (尿床) Millions of kids and teenagers from every
part of the world wet the bed every single night. It 's so common
that there are probably other kids in your class who do it. Most kids
don 't tell their friends, so it 's easy to feel kind of alone, like you
might be the only one on the whole planet who wets the bed.
1The fancy name for bedwetting is nocturnal enuresis.
Enuresis runs in families. This means that if you urinate, or pee, while
you are asleep, there 's a good chance that a close relative also did it
when he or she was a kid2The most important thing to
remember is that no one wets the bed on purpose. It doesn 't mean
that you 're lazy or a slob3 For some reason, kids who wet
the bed are not able to feel that their bladders is full and don 't wake
up to pee in the toilet. Sometimes a kid who wets the bed will have a
realistic dream that he 's in the bathroom peeing only to wake up
later and discover he 's all wet. May kids who wet the bed are very
deep sleepers4Some kids who wet the bed do it every single
night. Others wet some nights and are dry on others. A lot of kids say
that they seem to be drier when they sleep at a friend 's or a relative
's house5 So the brain may be thinking, "Hey, Don't wet

someone else's bed!" This can help you stay dry if you're not aware of it.A. The good news is that almost all kids who wet the bed eventually stop.B. Trying to wake up someone who wets the bed is often like trying to wake a logthey just stay asleep.C. It's something you can't help doing.D. just like you may have inherited your mom's blue eyes or your uncles' long legs, you probably inherited bedwetting, too.E. That's because kids who are anxious about wetting the bed may no sleep much or only very lightly.F. But you are not alone. 100Test 下载频道开通,各类考试题目直接下载。详细请访问 www.100test.com