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https://www.100test.com/kao_ti2020/131/2021_2022__E8_B5_96_E 4_B8_96_E9_9B_84_E5_c96_131942.htm Many people put off until tomorrow what they can do today. They always look for excuses to postpone doing something. In the end ,it never gets done. If we leave things undone ,we will eventually worry. This will then cause unnecessary stress. Therefore ,if you have this bad habit ,it's best to get rid of it and do things as soon as possible. 即说即做许多人把今天能做的事推到明日。他们总是找藉口拖延做事。到头来事情总是没做完。我们若没把事情做完,终究还是会操心,而这样会造成不必要的压力。因此,如果你有这种坏习惯的话,最好是戒掉它并且尽快把事情做好。 100Test 下载频道开通,各类考试题目直接下载。详细请访问www.100test.com