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安慰时 担心、惦念 你怎么了? Whats the matter? \*用于对方身体不舒服或对方有什么异常时。 Whats the matter? You look sad. (你怎么了?显得这么伤心。) Nothing. Im just tired. (没什么。我只是累了。)

Whats wrong? Is anything wrong? Whats the problem? Is something bothering you? \*bother “使……烦心”、“折磨”。你没事吧?

Are you okay? \*用于对方发生什么不好的事情时。 Are you all right? 到底怎么回事? Whats going on? Whats going on? (到底怎么回事?) We were just talking. (我们只是说说。)

What happened? Whats happening? 你有什么心事吗? Is something on your mind? \*be on a persons mind “有什么挂心的事”。

Do you have something on your mind? What are you worried about? (你担心什么?) Whats on your mind? (你担心什么呢?) Is anything bothering you? 我担心你。 I was worried about you. I was

concerned about you. 请不要特地为我(而麻烦您吧)。 Please dont go out of your way. Ill drop you off. (我送你回家。)

Please dont go out of your way. (请不要特地送我。) 你怎么那么严肃。 You look serious. You look serious. (你怎么那么严肃。)

This is important. (这事很重要。)

You look grave. 你今天看上去很悲伤。 You look sad today. 你今天怎么满脸的不高兴。 You dont look very happy today. 你怎么闷闷不乐的呀? Why are you so glum? \*glum “闷闷不乐的”、“忧郁的”、“愁闷的”。

Why are you so glum? (你怎么闷闷不乐的呀?) My girlfriend just

dumped me. (女朋友刚跟我吹了。)\*dump “抛弃”。 Why so glum? Why the long face? 你看起来很疲惫。 You look exhausted. \*exhausted “精疲力尽”、“疲劳不堪”，表示在此情况下再也不能做任何事情的疲劳感。 You look very tired. You look worn-out. You look bushed. \*俚语。 You look pooped. \*俚语。 你该休息一会儿。(你需要喘口气。) You need a break. Its six oclock already. (已经6点了。) Yeah, you need a break. (是呀，你该休息会儿了。) You need a rest. You need to take a break. You should take it easy. (你该放松会儿。) 你今天有点儿不大对劲。 Something is wrong with you today. Youre not yourself today. You seem different today. 谁让你烦躁了? Who are you irritated with? \*用be irritated with...表示“为.....而急躁的”、“为.....而发怒的”。 Who has irritated you? 你太紧张。 Youre nervous. I think youre nervous. (我觉得你太紧张。) No, Im not nervous! (没有，我不紧张。) You seem nervous. (你好像很紧张。) 同情听到这事我很难过。(Im) sorry to hear that. My dog died. (我的狗死了。) Im sorry to hear that. (听到这事我很难过。) Im sorry about that. (Thats) too bad. Thats a pity. What a pity. How awful. (太可怕了!) How sad. (太让人伤心了!) Tough luck. Sorry. What a shame. (太遗憾了。)\*shame “遗憾的事”、“倒霉的事”。 真不走运! Thats unfortunate. It rained every day while I was in Hawaii. (我在夏威夷那几天，每天下雨。) Thats unfortunate. (真够倒霉的。) Im sorry about your misfortune. \*更礼貌的说法。 Its unfortunate. 常有的事。 It happens! 这是常见的错误。 Its a common mistake. 那你肯定很难受吧。 It must be tough for you. \*tough表示“困难的”、“不容易的”、“费力气的”。

She wont talk to me anymore. (她再也不会和我说话了。) It must be tough for you. (那你肯定很难受吧。) It must be hard on you. 啊，真可怜! Oh, poor thing! \*poor “ 可怜的 ”、“ 太惨的 ”。 Bob got fired. (鲍勃被解雇了。) Oh, poor thing! (哦!太惨了!) Oh, poor baby! Ah, poor Bob! (啊，可怜的鲍勃!) 我理解你的心情。 I know how you feel. My wife left me. (我妻子离开了我。) Mine, too. I know how you feel. (我也是，我了解你的感受。) I understand the way you feel. I really sympathize with you. (我真的同情你。) 安慰 别在意。 Never mind. Im really sorry! (我真的很抱歉。) Never mind. (没什么。)\*带有“ 别在意 ”、“ 忘了它吧 ”、“ 没什么 ”的语感。 Dont worry (about it). Its okay. Forget (about) it. (没什么。)\*比Never mind更直接。根据说法不同，有时听起来没有礼貌。太遗憾了。 What bad luck. \*用于宽慰努力了但却没能成功的人。“ 太遗憾了 ”、“ 太不顺了 ”、“ 太可惜了 ”。 Better luck next time! (下次一定会走运的!) Thats too bad! What a shame! Bummer! \*俚语。 没事儿。 Thats all right. Im sorry, Im late. (真对不起，我来晚了。) Thats all right. (没事儿。) Thats okay. Its no problem. 别责备自己了。 Dont blame yourself. \*blame “ 责备人、责难人 ”。 Its all my fault! (都是我弄错了。) Dont blame yourself. (别责备自己了。) 这不是你的错。 Its not your fault. 常有的事。 It happens. \*发生了没有预料到的事情，劝人想开点儿的语气。 I feel really bad about it. (那件事我做的真不好。) Dont worry, it happens. (别担心了，那是常有的事。) 这种事谁都会遇到。 It happens to the best of us. It happens to everyone. 不必为那事烦恼。 Theres no need to worry about it. Dont concern yourself. 别想得太多。 Dont

give it another thought. \*give it another thought 直译是“别再有其他的想法”，“别想得太多”。没办法呀! It cant be helped. 我不想给您添麻烦。 I dont want to put you out. \*put out 有“添麻烦”的意思。 Youre welcome to stay. (您就住下吧。) I dont want to put you out. (不，我不想给您添麻烦。) I dont want to bother you. I dont want to cause you trouble. 这算什么呀。 This is nothing. Wow! Shibuya is crowded. (哇!涩谷这么挤呀!) This is nothing, you should see Shinjuku. (这算什么呀!你该去新宿看看。) You have a lot of homework. (你有这么多作业呀。) This is nothing. (这算不了什么。) Its no big deal. Its no problem. 多糟糕呀! How terrible! How awful! 别小题大作。 No big deal. \*这种表达方式表示“没什么了不起的”、“没什么”、“这很容易”。 Sorry, I cant play tennis with you tomorrow. (对不起，我明天不能和你一起去打网球。) No big deal. Ill ask John to play. (没什么，我问约翰能不能去。) 这还算好的呢。 Ive seen worse. \* “我还知道更糟糕的事”、“这还算好的呢”，用于鼓励遇到挫折的人。 That was a bad movie. (那真是部糟糕的电影。) Ive seen worse. (这还算好的呢。) It could have been worse. (还有比这更糟的呢!) It might have been worse. (也许有的比这更糟呢。) 别那么自暴自弃。 Dont feel so bad about yourself. Dont be so hard on yourself. Dont be so down on yourself. Dont think so lowly of yourself. 真遗憾! What a pity! What a shame! 总会有办法的。 Itll work out. \*work out 表示“进展顺利”、“解决”。 I dont know what to do! (我不知道该怎么办!) Im sure itll work out. (别担心，总会有办法的。) Everything will be fine. (一切都会顺利的。) Things will work out. 她只是有点心烦。 Shes just upset.

Whats her problem? (她怎么了?) Shes just upset. (她只是有点心烦。 ) Shes just mad. Shes only angry. 100Test 下载频道开通，各类考试题目直接下载。详细请访问 [www.100test.com](http://www.100test.com)