

关于十句健身常用语 PDF转换可能丢失图片或格式，建议阅读原文

https://www.100test.com/kao_ti2020/132/2021_2022__E5_85_B3_E4_BA_8E_E5_8D_81_E5_c96_132824.htm 1 . You need to workout . 你需要去运动锻炼一下。 2 . I really need to lose some weight . 我真的需要减肥了。 3. Ive got to start working out . 我必须开始做健身运动了。 4 . I really think a little exercise would do you good. 我真的觉得做点运动对你有好处。 5. Why dont you attend an aerobic class? 你为什么不去参加一个有氧健身班呢? 6. It might be a good idea to join a fitness center. 您可以参加健身俱乐部。 7 . Walking up and down the stairs would beat any exercise machine. 上下楼梯可比什么健身器都要好。 8. I love this game . 我钟爱这项运动。 9 . Combining exercise with the diet may be the most effective way to lose weight. 运动与节食结合也许是减肥最有效的途径。 10. She runs everyday in order to lose weight. 她每天都跑步是为了减肥 100Test 下载频道开通，各类考试题目直接下载。详细请访问 www.100test.com