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https://www.100test.com/kao_ti2020/133/2021_2022__E8_B5_96_E4_B8_96_E9_9B_84_E9_c96_133243.htm Lesson 25 Earthquake

Precautions 地震防范措施 Bam ! The bathroom door slamming against the wall woke me out of a sound sleep. Groggily wending my way in the dark to the bathroom , I secured the door latch to make sure I would have no further interruptions of much-needed sleep. I then lumbered back into bed and started to drift off. Not for long. My body , the bed and the whole bedroom began shaking. After a few confused and frightening seconds , I realized “ Eearthquake ! ” “ Big one , ” I added , noting that the neighborhood dogs had joined in the weird sounds the hill around my house were making. Within moments I was out of bed and on my feet , contemplating leaving the house. “ Ill wait , ” I comforted myself. “ Even these big ones pass in a few seconds. ” This one wouldnt. It kept coming ; everything was shaking and trembling , rattling. I heard a pane of glass crash onto the floor. The walls of the house and the things attached to them seemed to heave , not just shudder. I then noticed that the street lights had failed and my heart was pounding harder than when I used to lift weights. I acknowledged my fear. Realizing that there was no time to flee the house , I simply waited and waited. The nearly one-minute long tremblor finally subsided , and my reasoning came back to me. All was well , or well enough. I walked unsteadily to another room and looked outside. A neighbor with a flashlight was checking on his and others

homes for damage. I knew it had been a major quake , though not centered where I lived. The next day I learned that a 7.6 Richter-scale earthquake had devastated the lovely rural communities of central Taiwan. For the next few weeks , everyones life was centered around the quake due to the constant media coverage and electricity rationing. Taiwan is but one of many places situated along the “ Ring of Fire ” encircling nearly half the globe around the Pacific Ocean. Constant volcanic and earthquake action occurs here , sometimes with cataclysmic results. In this century alone , major earthquakes have taken more than one million lives. Many more have been injured and made homeless. The economic , social , and personal costs are immeasurable. Over the past quarter century , many countries in earthquake-prone areas have begun to educate their citizens on how to take appropriate precautions for earthquakes. The following list has been compiled from experience.

Before the earthquake : Prepare an “ earthquake kit ” near everyones bed ; these kits should include drinking water , a flashlight with fresh batteries , and dry food. Place an extra pillow , blanket , or quilt near the bed to be placed over the head during the earthquake and for warmth if trapped afterwards.

During the earthquake : If possible , get out of the building you are inside of and into a clear area. If escape from a building is impossible , get away from windows and doors ; try to find shelter under structural beams or under any heavy piece of furniture , like a large table or bed.

After the major earthquake (remember that aftershocks will occur) : When shaking ends or subsides , turn off gas lines.

Leave the building (never use elevators) quickly but not in a panic. If uninjured , be ready to assist rescue workers with information or labor. When a Big One happens , there is little anyone can do. Then above contingency preparations , however , could make the difference between life and death. 100Test 下载频道开通 , 各类考试题目直接下载。详细请访问 www.100test.com