

赖世雄中级美国英语Lesson113 PDF转换可能丢失图片或格式，建议阅读原文

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Watch out , all you chubby guys out there ! If you continue to overeat , you might be just like Michael Hebrank. He ' s 43 years old. He can ' t walk. He can stand up for no more than 30 seconds at a time. He has to use an oxygen mask to help him breathe. And he weighs 1 , 000 pounds (455 kilograms) 。 He once became seriously ill and couldn ' t get out of the house. In the end , he had to be forklifted out after the front wall of his house was torn down. Poor Michael says , "Once I start eating , I can ' t stop."So if you ' re on the heavy side , take care lest you become another Michael.
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