

英语辅导阅读训练：SavangaLife PDF转换可能丢失图片或格式，建议阅读原文

[https://www.100test.com/kao\\_ti2020/155/2021\\_2022\\_\\_E8\\_8B\\_B1\\_E8\\_AF\\_AD\\_E8\\_BE\\_85\\_E5\\_c64\\_155361.htm](https://www.100test.com/kao_ti2020/155/2021_2022__E8_8B_B1_E8_AF_AD_E8_BE_85_E5_c64_155361.htm) 安玛丽在学校里学会了海姆利克氏操作法。三周后她在危难时刻大显身手，成功地抢救了一个被肉噎住的老人的生命。她得到了人们的赞誉，还在州级大会上获得荣誉奖章呢！“ Mom, guess what I learned at school today ! ” shouted Ruth Perkinsdaughter Ann-Marie . Ruth smiled at her daughters excitement . As the 12-year-old went on and on about CPR( 1 )and the Heimlich maneuver( 2 ) , mom nodded( 3 )proudly . Little did she guess how well her daughter knew her stuff ! Just three weeks later , Ann-Marie , her mom , and her grandmother stopped for lunch at Daves Restaurant . As the waitress set down their water , Ann-Marie heard a gasping( 4 ) sound behind her . “ Someone cant breathe! ” , she thought . Turning , she saw Peter Moody , the restaurant owner , hitting a man on the back . Eighty-four-year-old Bill Russell had recently( 5 )lost his wife of 59 years and had come to Daves to help himself get through the dayhis wedding anniversary( 6 ) . Now he was choking on( 7 )a piece of meat . Ruth looked at her daughter . “ The Heimlich maneuver ! ” Ruth blurted( 8 ) . “ If you need to use it , can you ? ” “ Yes , ” a frightened Ann-Marie said . Just then , one of Bills friend , yelled( 9 ) , “ Does anyone know the Heim lich maneuver ? ” In the crowded restaurant , only Ann- Maries hand shot upand it was trembling( 10 ) . “ I hope I remember it , ” she

thought . “ I have to try ! ” “ I need him to stand up ,  
 ” Ann-Marie said , and Irene and Ruth lifted the 5 7  
 ,150-pound man . Then the 4 10 , 110-pound girl  
 positioned her legs between Bills feet and locked her arms around  
 him . Placing her hands just above his stomach( 11 ) , she made a  
 fist( 12 )with her right hand and cupped it with her left . Then she  
 gently( 13 )pressed( 14 )in and up . Nothing . Again , Ann-Marie  
 thrust( 15 )in and up . Again , nothing . “ Harder , Ann-Marie  
 ! ” urged( 16 )Ruth . Please , please let this be right , Ann-Marie  
 prayed( 17 ) . Mustering( 18 )all her strength( 19 ) , she gave Bill a  
 forceful( 20 )thrust and the piece of meat dislodged( 21 )at last  
 . Gulping( 22 ) , Bill sank into a chair . “ Its gone ! ” he cried .  
 “ Thank you ! ” Ann-Marie blushed( 23 )as all the people in the  
 restaurant started to applaud( 24 ) . Just then , param edics( 25  
 )arrived and checked Bill , who declined( 26 )to go to the hospital  
 , saying he felt fine . “ You did the right thing , and you did it  
 well ! ” a paramedic told her . At a statewide convention( 27 )last  
 month , they presented( 28 )Ann-Marie with the Medal of Honor( 29 ) .  
 “ Im so glad I was there , ” says Ann-Marie , “ And that I  
 knew just w hat todo ! ” 注释 : ( 1 )心肺复苏法( 2 )海姆利克  
 氏操作法( 3 )点头( 4 )喘息的( 5 )最近( 6 )结婚纪念日( 7 )被...  
 ...噎住( 8 )脱口说出( 9 )大声喊道( 10 )颤抖( 11 )腹部( 12 )拳  
 头( 13 )轻轻地( 14 )压( 15 )挤( 16 )催促( 17 )祈祷( 18 )聚集( 19 )  
 力量( 20 )有力的( 21 )脱落( 22 )吞食( 23 )脸红( 24 )鼓掌( 25 )医  
 护人员( 26 )婉拒( 27 )州级大会( 28 )赠给( 29 )荣誉奖

章Exercises: 1 . Which of the following sentences best describe the

article ? a ) Life is so precious so we should treasure every minute of it . b ) We should chew meat very well before swallowing it . c ) Dont panic in an emergency situation . d ) Everyone should be trained to learn the Heimlich maneuver . 100Test 下载频道开通 , 各类考试题目直接下载。详细请访问 [www.100test.com](http://www.100test.com)