

托福范文：做我们不喜欢做的事 PDF转换可能丢失图片或格式，建议阅读原文

https://www.100test.com/kao_ti2020/162/2021_2022__E6_89_98_E7_A6_8F_E8_8C_83_E6_c81_162445.htm 【题目】

Do you agree or disagree with the following statement? People should sometimes do things that they do not enjoy doing. Use specific reasons and examples to support your answer. 【范文】

Doing Things We Don't Enjoy

Everyone has certain likes and dislikes, and there is no denying that we all prefer to do the things that we like. However, sometimes doing things we don't enjoy can be beneficial for us, and sometimes it is necessary. Therefore, I agree that people should sometimes do things that they do not enjoy. One reason is that some of the things that we don't enjoy are good for us. For example, not everyone likes to exercise, but exercise is good for our health and so we should all do it anyway. Likewise, not many people enjoy going to see a dentist or a doctor, but it is good for us to take care of ourselves, so we should all visit dentists and doctors regularly for a checkup. Another reason is that, at times, the things we dislike are necessary. Students must take tests in groupsto complete their studies, and everyone must work in groupsto make a living. And finally, doing things we dislike can also open up new possibilities for us. Most people can probably remember hating a certain food when they were children even though they enjoy that same food now. So, when we do things we dislike, we may discover something we do like along the way, or simply find a better way to deal with the things we must do. No one likes to do things he doesn't enjoy, especially when there is

no benefit in doing them. But doing things we don ' t like can be good for us at times, and so I believe that we should sometimes give them a try. [重点词汇] likes and dislikes (个人的)喜好及厌恶 there is no V-ing...是不可能的(=it is impossible to V.) deny v.否认 beneficial adj.有益的 to likewise adv.同样地(=similarly =in the same way) regularly adv.定期地 checkup n.健康检查 at times偶尔(=sometimes =occasionally) 100Test 下载频道开通 , 各类考试题目直接下载。 详细请访问 www.100test.com