

PETS四级写作经典例题二 PDF转换可能丢失图片或格式，建议阅读原文

https://www.100test.com/kao_ti2020/165/2021_2022_PETS_E5_9B_9B_E7_BA_A7_c88_165550.htm [经典例题二] DIRECTIONS: A. Title : GOOD HEALTH B. Time limit :40 minutes C. Word limit : 120-150 words (not including the given opening sentence) D. Your composition should be based on the OUTLINE below and should start with the given opening sentence : "The desire for good health is universal. " E. Your composition should be written neatly on the ANSWER SHEET. OUTLINE: 1. Importance of good health 2. Ways to keep fit 3. My own practices [题型分析] 提纲式题型是PETS-4级中最常见的作文题型。在提纲作文中，为考生提供好了要点式的写作提纲，将考生的作文范围限定在一定的主题和讨论附近。该类题型要求考生紧扣题目主题，根据提纲提示的思路和要点展开段落。提纲式作文相对主题句作文来说更加灵活，这就要求考生有更强的审题本领，能够将题干中所给的提纲信息准确地续写为一整篇文章。但是相对于图表作文和情景作文来说，对审题立意的要求又相对减弱，考生只需要根据给定的提纲进行发挥即可。总的来说，还是考察考生用英文进行论证的本领。 [范文] GOOD HEALTH Wherever you are and whatever you do, staying healthy is always important. With the improvement of our living standards, people are attaching more and more importance to their health. We students can't keep the high study efficiency without good health. The same thing is true with workers, scientists and doctors. In my opinion, good diet and exercises are two major ways to keep healthy. The

food we eat every day must be rational and should include meat, vegetables, eggs, and fruit. It is important to drink water every day and not to get addicted to drinking coffee or some other soft drinks. Exercising every day is also essential for us to stay healthy. We can ride bicycles, play tennis or swim. Of course we don't need to exhaust ourselves. We should plan our physical exercises according to our actual condition. An hour a day is enough. As a university student, I have much free time to do exercises. I usually play badminton and tennis. But sometimes I am lazy and do not exercise for all kinds of excuses, such as cold weather and exams. I must correct it. I am also careful with my diet. In a way, keeping healthy is not very hard, if you just take it seriously. 100Test 下载频道开通，各类考试题目直接下载。详细请访问 www.100test.com