雅思考试时间不够用怎么办（英）PDF转换可能丢失图片或格式，建议阅读原文
https／／www．100tes．com／kao＿ti2020／178／2021＿2022＿E9＿9B＿85＿E 6＿80＿9D＿E8＿80＿83＿E8＿c10＿178071htm H ow to defeat the time constraintsin IELTStest！In the IELT Stest，time isyour enemy． C andidateswho have taken the test and did not perform aswell as they had hoped often complain that they were unable to give all the answersin the Listening Test because the tape wastoo fast，and that they ran out of time in the Reading Test．T o begin with，do not worry if you do not finish the tests Remember，the test isdesigned to measure candidates over a range of scoresfrom Oto 9（Oindicatesthe test was not attempted）．Candidateswhose English isnear perfect can expect to score 9，but even native English－speaking people would be unlikely to complete every Listening Test answer perfectly or finish the Reading Test along time before the examination ends． Remember，the test ismeant to be challenging．TheIELTStest measuresmany aspects of your English ability including the speed at which you listen，read，write，speak，and think in English．Your personal speed isnot something which changes agreat deal from day to day，but doeschange considerably over alonger period of time，as adirect result of practice in working with the English language．Y our personal speed and ability in the 5 areaspreviousy mentioned is pretty well fixed at any given time．The official IELTSBand Scores you receive are extremely accurate，since each test istrialled extensively to achieve standardised resultsfor candidatesat all English levels．Nonetheless，there are certainly many thingsyou can
do, before and on the day of the test, to help maximis the use of your time and give yourself the best chance of successC onsider the following situation: although aracing car cannot go faster than its maximum speed, the race can still bewon, and itsmaximum speed maintained for longer, if an expert driver isat the wheel. An expert racing car driver will:?... spend agreat deal of time practising at the wheel before race day?... vist the track so that he or she knowswhere to go and what to expect?... get enough seep before the day of the big race?... eat agood breakfast on race day morning.?... check his or her watch constantly to monitor the carsprogress?... keep moving along the track and not get stuck on abad corner?... breathe long and deeply to relax and keep the oxygen going to the brain?... drink water (but not too much!) when the car isat the pit-stop.The Listening, Reading, and W riting Testsare given in that order, and are usually held on asingle morning. The combined length of those threetestsis2 hoursand 30 minutes (The Speaking Test is conducted at an appointed time in the afternoon.) O nly one short break isgiven between the Reading and W riting Tests, so you need to be at your best for along period of time, which iswhy you must seep and eat well before the test. The hintsand guidelines in this book should help you achieve your "maximum speed". The more effort you put in, the faster your personal speed will be on the day. (See also IELTSTest- Basic Hints1 and 2.)INCREA SE YO UR SENTENCE REA DING SPEEDT he faster and more accurately you read, the morequestionsyou will be able to answer. In all the tests, the instructions, the example, and the questionsthemselvesneed to
be read quickly, and must bewell understood in order for you to have more time to find the answers. It paysto increaæe your overall reading speed. (See also Reading Hint 41)To increaæ your reading speed, you must learn to read in groups of wordsthat form logical unitsof thought within sentences Look at the following sentence:Britain hasbeen a popular choice for thousandsof international studentsover many yearsN otice how you can think of the sentence asbeing made up of 3 main parts1 Britain hasbeen a popular choice(W hat and where? 2 ... for thousandsof international students(W ho for?3. ... over many years. (W hen? Note also, that in thiscase (and many others) all the phrases answer wh/how questions. It may behelpful at first to think of wh/how questionswhen trying to read in phraseslf you read each word in asentence one at atime, you will read very sowly and most likely misunderstand the meaning of much of what you read. So read your sentencesin phraesby considering all the wordsof a phraæe as asingle unit.N otice how much quicker it isto read the sentence, and how the meaning of what you say ismore clear. Practise reading in phraseseveryday. Look ahead on the page asyou read, and always aim to find logical places in the sentenceswhere phrasesbegin and end. Note also that there isoften more than one solution asto where the logical breaksbetween phraessoccur within sentencesRead faster by reading wordsin groupsthat form logical unitsof thoughtDEVELOP A MEMORY FOR ENGLISH In the Reading Test, it paysto remember asmuch asyou can of what you havejust read, but at least the wordscan be read ægain. H owever, in the

Listening Test you cannot go back，and the tape isonly played once． If the answer comesbefore the keyword／phrase，your memory of what you havejust heard iseven more important．Nevertheless，the answer usually followsthe keywords／phrasesthat you hear，and is close in time to the main keyword／phraseyou are listening for．To improveyour＂English memory＂，try the following exerciæ．U sing the pause button on the tape recorder，repeat the sentences spoken in the passages on the audio cassette tape that comeswith thisbook， gradually increasing the length of what you repeat．Do not worry about repeating the exact words．Simply aim to remember more of what you haveheard．100T est下载频道开通，各类考试题目直接下载。详细请访问 www．100test．com

