

完形填空每日练习篇(05) PDF转换可能丢失图片或格式，建议阅读原文

[https://www.100test.com/kao\\_ti2020/184/2021\\_2022\\_\\_E5\\_AE\\_8C\\_E5\\_BD\\_A2\\_E5\\_A1\\_AB\\_E7\\_c77\\_184090.htm](https://www.100test.com/kao_ti2020/184/2021_2022__E5_AE_8C_E5_BD_A2_E5_A1_AB_E7_c77_184090.htm) Health experts have given sunshine a bad reputation, for good reason. After all, too much sun put you at increased risk of skin cancer. But several studies found that careful and brief sun \_\_\_1\_\_\_ may fight disease.来源

: [www.examda.com](http://www.examda.com) Catching few rays may help \_\_\_2\_\_\_ colon cancer by stimulating your skin to manufacture vitamin D. most adults don ' t get enough so-called sunshine vitamin, probably because we avoid dietary source of D \_\_\_3\_\_\_ fortified milk and dairy products. Measured doses of sunlight can help \_\_\_4\_\_\_ the shortfall. A large-scale eight-year study revealed that people with the highest levels of vitamin D in their blood were \_\_\_5\_\_\_ to get colon cancer. The main reason is \_\_\_6\_\_\_ vitamin D seems to prevent cancerous changed in cells and also causes the bowel to \_\_\_7\_\_\_ calcium, an anticancer mineral. Exposing your arms and chest\_\_\_8\_\_\_ the sun for just 10 minutes a day in summer, and 20 minutes a day in spring and fall, can \_\_\_9\_\_\_ vitamin D levels to the colon cancer-fighting range. For most people, this amount of sun is \_\_\_10\_\_\_ increase the risk of skin cancer. But after this brief period

of sun exposure, use sunscreen to protect your skin.1. [A]explosion [B] exposure [C] expansion [D]exhibition2. [A]ease [B] decrease [C] reduce [D]combat3. [A]because of [B] such as [C] in spite of [D]for example4. [A]make out [B] make for [C] make up for [D]make over5. [A]most [B] more [C] least [D]less6. [A]that [B]

why [C] what [D]whether7. [A]absorb [B] receive [C] accept

[D]abuse8. [A]under [B] in [C] to [D]for来源

: www.examda.com9. [A]lift [B] rise [C] arise [D]raise10. [A]very

small to[B]small enough to [C] too small to [D]so small to 100Test

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