

朱泰琪2005考研英语讲座选择搭配题部分讲义 PDF转换可能丢失图片或格式，建议阅读原文

https://www.100test.com/kao_ti2020/204/2021_2022__E6_9C_B1_E6_B3_B0_E7_90_AA2_c73_204438.htm 一. 阅读理解Part B测试

要求：主要考查考生对诸如连贯性、一致性等语段特征以及文章结构的理解。本部分的内容是一篇总长度为500 600词的文章，其中有5段空白，文章后有6 7段文字，要求考生根据文章内容从这6 7段文字中选择能分别放进文章中5个空白处的5段。解题时间为20分钟左右。二. 选择搭配题的考点：主要是段落的主题句和结论句，其次是语篇中承上启下的语段。

三. 解题段技巧：把握主题、注意语段内容与选项在逻辑上的连贯性(如递进、转折、举例、结论等)，划出语段中关键信息词和选项中关键信息词并进行连接，注意其前后的一致性，然后决定取舍。 冲刺练习1： Directions: In the following article, some sentences have been removed. For Questions 41 45, choose the most suitable one from the list A G to fit into each of the numbered blank. There are two extra choices, which do not fit in any of the gaps. Mark your answers on ANSWER SHEET 1. (10 points)

There are basically two types of stress placed on human beings. One type of stress involves physical activity and its demands. the other type of stress is the result of mental and emotional demands. Stress from physical activity, if not carried too far, is actually beneficial. Exercise relaxes you and may help forget about mental and emotional stress. 41) . Whether physical or emotional in origin, stress causes the body to react in the same way. In the first stage, your body prepares to meet the stress. The heartbeat and respiration rates

increase, and the pupils of the eyes dilate. the blood sugar level increases, and the rate of perspiration speeds up, while digestion slows down as blood and muscular activity is diverted elsewhere. In the second stage, your body returns to normal and repairs any damage caused by the stressful situation. 42) These stages of stress reaction are always the same, whether the stress is caused by a cross-country run, a first date, buying a house, or narrowly missing an automobile accident. 43) . If we did not feel guilty, we would never do anything except the things that brought us immediate pleasure we ' d never obey the law, work, exercise, or even study in school, unless we wanted to do so in the first place. As a person ' s conscience develops, guilt feelings become inevitable. guilt is the sorrow we experience when we know we have done something incorrect. 44) . But many people do feel guilty over such apparently innocent actions. Excessive guilt can sour all of life and make life not worth living. it can also cause self-hatred as well as other fears and anxieties that cause all life ' s successes to be bittersweet, at best. 45) .A life without stress, such as retirement with nothing to do, would be boring. Just as we need a little guilt to keep us correct and a little worry to make us plan ahead we need a little stress to stay interested in life. But when stress begins to bother you, you might as well change your routine. Take your mind off your worries with some physical activity. you may discover a solution you have overlooked before. (600 words) Notes: respiration 呼吸。 pupil瞳孔 ; dilate 膨胀。 perspiration 出汗 , 勤奋。 date 约会。 sour 使别扭。 eradicate vt.消除 , 根除。 at best 充其量。 linger over 细细品味

。 meditation深思，沉思。 might as well 不妨。 [A] However, many of us as children learned rules that we no longer need: fat adults should no longer feel guilty about leaving a little food on the plate, a successful businessman need not feel guilty about spending a little too much money on a vacation, nor should he feel guilty that he can combine a business trip to the West Coast with some swimming and golf at an ocean resort. [B] But mental stress is almost always bad for you. If mental stress is unrelieved, it can actually cause diseases such as ulcers, migraine headaches, heart problems, or mental illness [C] Guilt and the worry that often accompanies this major stress are difficult to eradicate, but people subject to excessive guilt feelings should realize, as simple as it sounds, that no one is perfect. People cannot always be cheerful and helpful to every one they meet. Another good lesson is that mistakes should be forgotten, not lingered over and brought out to examine periodically. [D] Stress is a natural part of everyday life and there is no way to avoid it. In fact, it is not the bad thing it is often supposed to be. A certain amount of stress is vital to provide motivation and give purpose to life. It is only when the stress gets out of control that it can lead to poor performance and ill health. [E] Some people are not afraid of stress, and such characters are obviously prime material for managerial responsibilities, others lose heart at the first signs of unusual difficulties. [F] However, if stress continues, the body cannot repair itself, and the final stage, exhaustion, then begins. If this stage continues, if for example you are frustrated by your work and continue to be frustrated for a long time, physical or emotional

damage will occur. [G] Probably most harmful of all the stresses is guilt. this common emotion is useful to have when it helps us to realize that we have, in fact, committed some error, violated our own rules or social rules. 100Test 下载频道开通，各类考试题目直接下载。详细请访问 www.100test.com