考研英语阅读资料、写作素材:自信 PDF转换可能丢失图片 或格式,建议阅读原文

https://www.100test.com/kao_ti2020/221/2021_2022__E8_80_83_E 7_A0_94_E8_8B_B1_E8_c73_221386.htm Self-confidence There are many factors that can contribute to a person 's success in life. Whether he is at school or at work, a person is more likely to succeed if he is hard-working, honest, intelligent, responsible, and so on. But of all the possible characteristics that can affect one 's success, I believe self-confidence to be the most important for the following reasons. The first reason is that when a person has self-confidence he believes in himself. He believes that he can and will succeed, and this gives him the courage to try new things. In order to be successful we must be willing to take some risks, so having self-confidence is very important. Another reason is that a confident person rarely gives up. When he fails he tries again and again until he wins. A final reason is that confident people are not afraid to show off their achievements. This is not to say that they should brag, but that they should gracefully and confidently accept the compliments of others. When their achievements are noticed more by others at school or work, they are more likely to succeed. In short, I believe self-confidence to be the most important factor in success. It enables people to take risks, try again when they fail, and enjoy their accomplishments when they win. With these abilities, a confident person can succeed easily at school or work. 参考译文: 自信 促成一个人成功的因素有很 多。不论是念书或工作,如果可以努力、诚实、聪明、 负责 任等,就比较有可能成功。但在所有可能影响成功与否的特

点中,基于下列理由,我认为自信最重要。第一个理由就是 ,当一个人有自信的时候,就会相信自己的能力。他会相信 自己可以而且一定会成功,这一点让他有勇气尝试新事物。 想要成功,我们必须愿意冒险,所以有自信是很重要的。另 一个理由是,有信心的人很少放弃,即使失败了,还是会不 断尝试,直到成功。最后一个理由是,有信心的人不怕炫耀 自己的成就,这并不表示他们应该自夸,而是应该优雅、有 信心地接受别人的赞美。当他们在学业或工作上的成就更受 人注目时,成功的可能性就更高了。简言之,我认为自信是 成功最重要的因素。自信使人勇于冒险,失败了会再接再厉 ,成功时能享受自己的成就。有了这些能力,有信心的人就 能够轻易地在学业或工作上获得成功。100Test下载频道开通 ,各类考试题目直接下载。详细请访问 www.100test.com