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https://www.100test.com/kao_ti2020/227/2021_2022__E8_80_83_E7_94_9F_E5_BF_85_E5_c81_227592.htm 节选自《托福iBT听力

新思维》 1. flying colors success, victory 2. little by little gradually 3. call off cancel 4. come into receive, especially after another ' s death 5. put off postpone 6. stop by make a brief visit on one ' s way elsewhere 7. tie up hinder 8. be out for trying to get 9. fill in for take another ' s place 10. turn down refuse or reject reduce the loudness of 11. go off begin to ring 12. cut down lesson. reduce. limit 13. come up with produce. supply 14. make it achieve a specific goal succeed in general 15. catch one ' s eye attract one ' s attention 16. care for like. value look after. take care of 17. head and shoulders above much better 18. catch on become popular 19. on the whole in general 20. fill sb. in tell what sb. should know 21. in a nutshell in a few words 22. from top to bottom completely. entirely 23. take the plunge enter with sudden decision upon an unfamiliar course of action 24. on the tip of one ' s tongue unable to be recalled 25. cheer up feel happy. stop being sad or discouraged. become hopeful 26. hold off postpone. delay 27. on cloud nine a state of perfect happiness 28. back out withdraw from an undertaking 29. grin and bear it be as cheerful as possible in pain or trouble. do sth. without complaining 30. turn out to be come to be. prove 31. bite off more than one can chew attempt sth. that exceeds one ' s ability 32. in the air uncertain 33. get hold

off find a person so you can speak with him 34. learn the ropes
acquire thorough or special knowledge of a job 35. tear oneself away
from depart with great reluctance. force oneself to leave 36. tie up
engage or occupy completely 37. leave well(enough)alone don
' t try to improve what is already satisfactory 38. touch on
mention a subject briefly or casually 39. see to it take care. take the
responsibility make sure 40. give away give as a present 41. get
along with live or work in harmony with 42. account for
explain 43. out of print no longer available for purchase from the
publisher 44. send out distribute 45. in no time in a very brief
time almost at once 46. before long soon. without much delay 47.
play by ear play an instrument without using written music.
handle a matter without adequate preparation preparation or
guidance 48. wear and tear loss or damage caused by use 49. come
what may no matter what happens 50. drop by make a short
or unplanned visit 51. be short of not having enough 52. cut it out
stop doing sth. 53. be sick of be tired of . having a strong
dislike of 54. look for a needle in a haystack (a bottle) search for
sth. in a place where it is hopelessly lost 55. knock oneself out
work very hard. make a great effort 56. run up against encounter
57. far from anything but. not at all 58. far from it by no means.
not at all 59. hang on to hold tightly. keep firmly 60. get nowhere
be unsuccessful. obtain no result 61. day in and day out every
day. all the time 62. break down cease to function 63. get going
get started. begin to move 64. take one ' s time not hurry 65. boil
down to indicate, especially as a final judgment or analysis 66.

make up take a test for the second time 67. put up with bear
with patience. tolerate 68. by and by before long 69. give someone
a hand help. assist 70. ring a bell sound familiar 71. snap out of
it change one ' s habits, attitude, etc, suddenly regain one
' s composure, energy, or good spirits. recover 72. raise the roof
make trouble. start a fight or an argument 73. get away with
escape without punishment 74. on business with definite work to
do 75. look up search for, as an item of information, in a reference
book 76. let up cease. stop slacken. abate 77. in any case (or
event) no matter what happens 78. come out be published 79.
look into investigate. inspect 80. spell out explain very clearly
or in detail 81. fall back on rely on 82. wrap up bring to an end,
especially a successful conclusion 83. save one ' s breath keep
silent because talking will not help 84. hold up delay. hinder
endure, last 85. have one ' s hands full be very busy. be able to do
no more 86. How come? How is it? Why? 87. stick around stay
or wait nearby 88. make out get along. manage 89. turn up
appear, turn out, show up 90. hold off postpone. delay 91. over
one ' s head beyond one ' s power to understand 92. stock up
buy up. lay in a good supply of 93. keep up continue 94. tie up
occupy completely 95. in and out coming in and going out often
96. make ends meet make one ' s income suffice without
incurring debt 97. on and on without stopping 98. out of this
world wonderful. great 99. in a row in line. in alignment
in succession. successively 100. wait around waiting in vain
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