

英语四级口语必备：纯正美语发音秘诀篇(四) PDF转换可能丢失图片或格式，建议阅读原文

https://www.100test.com/kao_ti2020/251/2021_2022__E8_8B_B1_E8_AF_AD_E5_9B_9B_E7_c83_251830.htm 第三章一口气突破

发音秘诀4一口气训练法当美国人讲话的时候底气很足，令人羡慕！为什么呢？因为他们讲话时用的是腹腔、胸腔、喉腔、口腔、鼻腔“合五为一”所以底气十足。我们中国人讲话使用的是嘴巴，没有底气，说话时发音不饱满，力量不足。所以我们中国人要想说一口地到流利的英文，必须在“五大发音秘诀”和“三最口腔肌肉训练法”之后，再用“一口气训练法”疯狂操练。做法很简单：你只要深呼吸，然后再一口气里尽量多读。经过一段时间的训练以后，原来需要换几次气才能读完的一句话或小短文，一口气里就能轻松读完！

经典范例：A: Hi Stone! How have you been? B: Great! What about you? A: Sorry, I'm so late getting back to the office. How's everything? B: Oh, I've been super. A: Hey, could I borrow your car for the weekend? B: Go to hell! The last time you borrowed my car you wrecked it. (1. go to hell: spoken not polite used when you are very angry with someone. e.g.: If John doesn't like it, he can go to hell! 要是约翰不喜欢，就让他见鬼去吧！2. wreck [rek] A wreck is something such as a ship, car, plane, or building which has been destroyed, usually in an accident. 3. super [su#601.] Some people use super to mean very nice or very good. e.g.: We had a super time. or That's a super idea. (informal) excellent. splendid 极好的. 了不起的. 棒的.) 秘诀5调动腹部的力量中国人习惯用嘴巴说话，显得比较“单薄”，有气无力；美国人习惯用腹部的

力量说话，浑厚有力。这就是中国人说英语和英美人说英语的最大区别。疯狂做法：平时练习英语时，尽量运动腹部的肌肉，刚开始有点别扭，坚持一下，便会产生效果。中国人开口说英语就能听出是中国口音。请听下面的录音。

How are you doing? A: How are you doing, Lee? B: I beg your pardon? A: How's everything? How are you getting along? B: I'm getting along fine, thank you. A: Have you changed any of your ideas about this country? Do you still think English is the worst language in the world? B: I'm beginning to see that human nature is pretty much the same everywhere. A: And what about the language? B: That idea hasn't changed.

(get along :1. to improve, develop, or make progress. e.g.: After a five-hour operation, Wendy is coming along just fine. 2. If you say that something is going along in a particular way, you mean that it is progressing in that way. e.g.: Everything was coming along fine after all. My life is going along nicely.)

100Test 下载频道开通，各类考试题目直接下载。详细请访问 www.100test.com