

英语美文：GoodThoughtstoKeepinMind PDF转换可能丢失图片或格式，建议阅读原文

https://www.100test.com/kao_ti2020/253/2021_2022__E8_8B_B1_E8_AF_AD_E7_BE_8E_E6_c96_253865.htm Good Thoughts to Keep in Mind Imagine life as a game in which you are juggling some five balls in the air. You name them: Work, Family, Health, Friends, Spirit. And youre keeping all these in the air. You will soon understand that work is a rubber ball. If you drop it, it will bounce back. But the other four balls-family, health, friends and spirit are made of glass. If you drop one of these, it will be irrevocably scuffed, marked, nicked, damaged or even shattered. They will never be the same. You must understand that and strive for balance in your life. How? Dont undermine your worth by comparing yourself to others. It is because we are different that each of us is special. Dont set your goals by what other people deem important. Only you know what is best for you. Dont take for granted the things closest to your heart. Cling to them as you would to your life, for without them, life is meaningless. Dont let your life slip through your fingers by living in the past or for the future. By living your life one day at a time, you live all the days of your life. Dont give up when you still have something to give. Nothing is really over until the moment you stop trying. Dont be afraid to admit that you are less than perfect. It is this fragile thread that binds us each together. Dont be afraid to encounter risks. It is by taking chances that we learn how to be brave. Dont shut love out of your life by saying its impossible to find. The quickest way to receive love is to give. the fastest way to lose love is

hold it too tightly. and the best way to keep love is to give it wings. Dont run though life so fast that you forget not only where youve been, but also where you are going. Dont forget, a persons greatest emotional need is to feel appreciated. Dont be afraid to learn. Knowledge is weightless, a treasure you can always carry easily. Dont use time or words carelessly. Neither can be retrieved. Life is not a race, but a journey to be savored each step of the way. Yesterday is history. Tomorrow is mystery and Today is a gift: thats why we call it "The Present". 100Test 下载频道开通，各类考试题目直接下载。详细请访问 www.100test.com