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https://www.100test.com/kao_ti2020/255/2021_2022__E5_90_8C_E7_AD_89_E5_AD_A6_E5_c67_255702.htm The way people hold to the belief that a fun-filled, pain-free life equals happiness actually reduces their chances of ever attaining real happiness. If fun and pleasure are equal to happiness then pain must be equal to unhappiness. But in fact, the opposite is true: more often than not things that lead to happiness involve some pain. As a result, many people avoid the very attempts that are the source of true happiness. They fear the pain inevitably brought by such things as marriage, raising children, professional achievement, religious commitment (承担的义务), self improvement. Ask a bachelor (单身汉) why he resists marriage even though he finds dating to be less and less satisfying. If he is honest he will tell you that he is afraid of making a commitment. For commitment is in fact quite painful. The single life is filled with fun, adventure, excitement. Marriage has such moments, but they are not its most distinguishing features. Couples with infant children are lucky to get a whole nights sleep or a three-day vacation. I dont know any parent who would choose the word fun to describe raising children. But couple who decide not to have children never know the joys of watching a child grow up or of playing with a grandchild. Understanding and accepting that true happiness has nothing to do with fun is one of the most liberating realizations. It liberates time: now we can devote more hours to activities that can genuinely increase our happiness. It liberates

money: buying that new car or those fancy clothes that will do nothing to increase our happiness now seems pointless. And it liberates us from envy: we now understand that all those who are always having so much fun actually may not be happy at all.1.

According to the author, a bachelor resists marriage chiefly because

_____A) he is reluctant to take on family responsibilities B) he believes that life will be more cheerful if he remains single C) he finds more fun in dating than in marriage D) he fears it will put an end to all his fun adventure and excitement来源 : www.examda.com2.

Raising children, in the authors opinion, is _____A) a moral duty

B) a thankless job C) a rewarding task D) a source of inevitable

pain3. From the last paragraph, we learn that envy sometimes stems

from _____A) hatred B) misunderstanding C) prejudice D)

ignorance4. To understand what true happiness is one must

_____A) have as much fun as possible during ones lifetime B)

make every effort to liberate oneself from pain C) put up with pain

under all circumstances D) be able to distinguish happiness from

fun5. What is the author trying to tell us?A) Happiness often goes

hand in hand with pain. B) One must know how to attain happiness.

C) It is important to make commitments. D) It is pain that leads to

happiness.答案 : 1.A 2.C 3.B 4.D 5.A 100Test 下载频道开通 , 各

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