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https://www.100test.com/kao\_ti2020/258/2021\_2022\_\_E5\_85\_AD\_ E7\_BA\_A7\_E5\_90\_AC\_E5\_c84\_258738.htm P1The new year always brings with the cultural tradition of new possibilities. We see it as a chance for renewal. We begin to dream of new possible selves. We design our ideal self or an image that is quite different from what we are now. For some of us, we roll at dreamy film in our heads just because it 's the beginning of a new year. But we aren 't serious about making changes. We just make some half-hearted resolution and it evaporates after a week or two. The experience makes us feel less successful and leads us to discount our ability to change in the future. It 'not the change is impossible but that it would lose(?) unless our resolutions are supported with plans for implementation. We have to make our intentions manageable by detailing the specific steps that will carry us to our goal. Say your goal is to lose weight by dieting and cutting off sweets. But one night you just have to have a cookie. And you know there 's a bag of your favorites in the cupboard. You want one, you eat two, you check the bag and find out you 've just shot 132 calories. You say to yourself, "What the hell! " and polish off the whole bag. Then you begin to draw all kinds of unpleasant conclusions about yourself. To protect your sense of self, you begin to discount the goal. You may think "Well, dieting wasn 't that important to me and I won 't make it anyhow. " So you abandon the goal and return to your bad habits.26 What do people usually wish to do at the beginning of a new year?27 How

can people turn their new year 's resolutions into reality?28 Why does the speaker mention the example of sweets and cookies?P225 years ago, Ray Anderson, a single parent with a one-year-old son witnessed a terrible accident which took place when the driver of a truck ran a red light and collided with the car of Sandra D. The impact of the collision killed Sandra instantly. But her three-month-old daughter was left trapped in the burning car. While others looked on in horror, Andersen jumped out of his vehicle and crawled into the car through the shadowed rear window to try to free the infant. Seconds later, the car was enclosed in flames. But to everyone's amazement, Andersen was able to pull the baby to safety. While the baby was all right, Andersen was seriously injured. Two days later he died. But his heroic act was published widely in the media. His son was soon adopted by relatives. The most remarkable part of the story unfolded only last week. Karen and her boyfriend Michael were looking through some old boxes when they came across some old newspaper clippings. "This is me when I was a new born baby. I was rescued from a burning car. But my mother died in the accident, "explained Karen. Although Michael knew Karen's mother had died years earlier, he never fully understood the circumstances until he skimmed over the newspaper article. To Karen 's surprise, Michael was absorbed in the details of the accident. And he began to cry uncontrollably. Then he revealed that the man that pulled Karen from the flames was the father he never knew. The two embraced and shed many tears, recounting stories told to them about their parents.29 What happened twenty-five years ago?30 What does the speaker say about Michael 's father?31 Why did Michael cry uncontrollably when he skimmed over the newspaper article?P3Americans suffer from an overdose of work. Regardless of who they are or what they do. Americans spend more time at work than that any time since World War II. In 1950, the US had fewer working hours than any other industrialized country. Today, it exceeds every country but Japan where industrialized employees load 2155 hours a year compared with 1951 in the US and 1603 in the former West Germany. Between 1969 and 1989, employed Americans add an average of 138 hours to their yearly work schedules. The workweek has remained above 40 hours. But people are working more weeks each year. Specifically pay time off holidays, vacations, sick leave shrink by 50% in the 1980s. As corporations have experienced stiff competitions and slow in growth of productivity, they have pressed employees to work longer. Cost-cutting lay-offs in the 1980s reduce the professional and managerial runs, leaving fewer people to get the job done. In lower paid occupations where wages have been reduced, workers have added hours in overtime or extra jobs to preserve their living standards. The government estimates that more than 7 million people hold a second job. For the first time, large numbers of people say they want to cut back on working hours even it means earning less money. But most employers are unwilling to let them do so. The government which has stepped back from its traditional role as a regulator of work time should take steps to make shorter hours possible. Question 32-35 are based on the passage you 've just

heard32. In which country do industrial employees work the longest hours?33. How do employed Americans manage to work more hours?34. Why do corporations press their employees to work longer hours according to the speaker?35. What does the speaker say many Americans prefer to do?26 D Attempt something impossible.27 D By making detailed plans and carrying them out.28 D To illustrate how easily people abandon their goals.29 C Karen 's mother died in a car accident.30 B He sacrificed his life to save a baby girl.31 A The reported hero turned out to be his father.32 B Japan.33 D By taking shorter vacations each year.34 A To combat competition and raise productivity35 C Reducing their working hours. 100Test 下载频道开通,各类考试题目直接下载。详细请访问 www.100test.com