

2007年职称英语考试完型填空试题训练(十二) PDF转换可能丢失图片或格式，建议阅读原文

https://www.100test.com/kao_ti2020/287/2021_2022_2007_E5_B9_B4_E8_81_8C_c91_287210.htm 第十二篇 Walk a Quarter-Mile or Die If you can walk a quarter-mile, odds are you have at least six years of life left in you¹, scientists say. And the faster you can do it, the longer you might live. While² walking is no guarantee of _____¹_____ or longevity, a new study found that the _____²_____ of elderly people to do the quarter-mile³ was an “ important determinant⁴ ” in _____³_____ or not they ’ d be alive six years later and how much illness and disability they would _____⁴_____. “ The ability to complete this walk was a _____⁵_____ predictor of health outcomes, ” said study leader Anne Newman of the University of Pittsburgh School of Medicine. “ In fact, we found that the people who could not complete the walk were at an extremely high risk of _____⁶_____ disability and death. ” Newman and colleagues _____⁷_____ nearly 2,700 white and African-American men and women aged 70 to 79 to complete in non-running _____⁸_____. All the participants were screened and determined to be in relatively good health, and they had all said they had previously walked that far with no problem⁵. However, only 86 percent of them _____⁹_____. The scientists then monitored the health and mortality of all participants for the _____¹⁰_____ six years. “ There was a big gap in health outcomes _____¹¹_____ people who could complete the longer walk and people who could not, with the latter⁶ being at an extremely high risk of _____¹²_____ disabled or dying, ” Newman

said. “ What was really surprising is that these people were not _____13_____ how vulnerable they actually were. ” Finishing times were found to be _____14_____, too. Those who completed the walk but were among the slowest 25 percent faced three times greater risk of death than the _____15_____ folks.

1. A) energy B) health C) wealth D) luck
2. A) ability B) willingness C) fondness D) need
3. A) how B) if C) whether D) when
4. A) predict B) tell C) cure D) endure
5. A) powerful B) strange C) happy D) weak
6. A) rare B) earlier C) later D) frequent
7. A) helped B) recruited C) ordered D) forced
8. A) activities B) actions C) races D) events
9. A) exercised B) participated C) agreed D) finished
10. A) other B) next C) more D) past
11. A) between B) within C) among D) behind
12. A) looking B) becoming C) appearing D) seeming
13. A) happy about B) confident about C) true of D) aware of
14. A) predictable B) accidental C) crucial D) unimportant
15. A) smarter B) younger C) cleverer D) speedier

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