

英语考前作文30篇(8):著名运动员刘翔拼搏精神的启示 PDF转换可能丢失图片或格式，建议阅读原文

https://www.100test.com/kao_ti2020/354/2021_2022__E8_8B_B1_E8_AF_AD_E8_80_83_E5_c70_354810.htm Directions: Study the following picture carefully and write an essay in which you should 1) describe the picture, 2) interpret its meaning, and 3) support your view with examples. You should write about 160—200 words neatly on ANSWER SHEET 2. (20 points) 拼搏 范文1： This picture captures a scene from the Olympics in Athens. People all over the world watch in excitement as Liu Xiang moves towards the finish line in the 110 meter hurdle race. His spirit and determination inspire all, and show how valuable giving your all can be. Life is a continuous process of fighting and one cannot achieve success without effort. Sparing no effort shows that one fears no difficulties. Striving for a definite goal with such perseverance and determination is a valuable quality. One should not stop trying until one has obtained ones dream. Everybody should have this spirit of persistence because one cannot attain anything without exerting oneself. One of the waiters at Tsinghua University, for example, received a full score on his TOEFL examination. He earned this score through diligence and selfdiscipline. Regardless of the task you are undertaking, whether it be preparing for a university examination, or working towards a career , you should always give all your effort. Only when you work hard can you achieve success. Although one might think that one can complete a job without sparing any effort, this is never true. Perhaps being a top student in primary or middle school did not take

much effort or energy. Or perhaps you did not work as hard as your classmates and were still admitted into a university. Every person's life includes many troubles therefore it is important to both work as hard as possible and be prepared for life's difficulties. 译文：这幅照片抓住了雅典奥运会上的一幕，当刘翔向110米跨栏的终点冲去的时候，全世界的人都在激动万分地注视着他。他的精神和意志鼓舞了所有人，而且向世人展示了当一个人拼尽全力时能带来多大的收获。生命是一个不断奋斗的过程，没有人可以不劳而获。当一个人全力以赴时就意味着他无所畏惧。能下定决心，坚定不移地朝一个既定目标奋进是一种宝贵的品质。梦想一日没实现，就一日不止步。每个人都应具有这种坚韧不拔的精神，因为如果不拼尽全力，就会一无所获。例如，清华大学的一位食堂师傅在托福考试中获得满分，那是他用勤奋和自律换来的。不管你现在面对什么样的任务，是在复习备考，还是为事业而奋斗，你都必须竭尽全力，因为只有这样才能获得成功。尽管有人可能会认为一个人不用那么全力以赴也能完成一件工作，但这是不正确的。也许你没费多大劲就在中小学拔尖，又或许你没有像同班同学那样努力也考进了大学。每个人的生命中都充满艰难险阻，所以你必须随时准备面对困难，并为之努力工作。 范文2：The photo depicts an exciting scene: the famous athlete Liu Xiang striding forward in the Olympics Games in Athens. Determination is universally regarded as a highly praised quality. It is neither genius nor extraordinary ability that gives us power to deal with and overcome whatever hardship one is confronted with. It is this kind of spirit that enables us to endure the difficult moments and attain our

goals. The determined spirit gives us light when we are in dark moments and encourages when we are frustrated. With this quality, no enemy can overwhelm us, and no obstacles can stand in our way. There are many examples of success being achieved solely through the strong will of the spirit. As in the picture, the athlete is running, with a determined spirit, towards the finishing line in order to obtain the gold medal, considered as the symbol of success for any sportsman. It is determination that leads to success. It is not easy to cultivate this determined spirit. To do this, we must establish a firm faith in our actions and be ready to devote ourselves to them. We must boldly go through trials and hardships to train our will so as to get rid of the weak points of our moral character. Around us, there are quite a few people with this intense determination and spirit and set a good example for us to follow.

译文：这幅照片描绘了一个动人的画面：著名运动员刘翔在雅典奥林匹克赛场上奋力拼搏。拼搏精神作为一种很高的素质得到了广泛的赞扬。在解决和克服摆在我们面前的难题的时候，拼搏精神给了我们力量，但它并不是与生俱来的卓越品质。正是这种精神使我们能够战胜困难，达到目的。拼搏精神在黑暗中给我们以光明，在挫折中给我们以勇气。有了这种精神，任何敌人都不能打垮我们，任何困难都不能阻挡我们。有许多例子可以证明，具有拼搏精神才能成功。就像照片中所描绘的，一名运动员正朝终点奋力奔跑，力夺金牌，因为金牌是所有运动员成功的象征。正是这种拼搏精神指引我们走向成功之路。培养拼搏精神不是一件简单的事情。为此我们必须树立坚定的信念，并且准备为之献身。我们必须大胆地经受考验，克服困

难，磨练意志，从而消除我们性格中的弱点。在我们周围，有好多这样具有拼搏精神的人们，为我们树立了良好的榜样。100Test 下载频道开通，各类考试题目直接下载。详细请访问 www.100test.com