

六级写作经典范文及点评:睡姿与性格 PDF转换可能丢失图片或格式，建议阅读原文

https://www.100test.com/kao_ti2020/456/2021_2022__E5_85_AD_E7_BA_A7_E5_86_99_E4_c84_456600.htm 人说，性格决定命运。

怎样才能了解自己的性格呢?本文就教给你一个自测方法。入睡后，你的睡姿便会无意识地暴露你真实的个性。认识一下你自己吧! Your Sleeping Position and Your Personality

Everyone has got two personalities the one that is shown to the world and the other that is secret and real. You don ' t show your secret personality when you ' re awake because you can control your behavior, but when you ' re asleep, your sleeping position shows the real you. In a normal night, of course, people frequently change their position. The important position is the one that you go to sleep in. If you go to sleep on your back, you ' re a very open person. You normally trust people and you are easily influenced by fashion or new ideas. You don ' t like to upset people, so you never express your real feelings. You ' re quite shy and you aren ' t very confident. If you sleep on your stomach, you are a rather secretive person. You worry a lot and you ' re always easily upset. You ' re very stubborn, but you aren ' t very ambitious. You usually live for today but not tomorrow. This means that you enjoy having a good time. If you sleep curled up, you are probably a very nervous person. You have a low opinion of yourself and so You ' re often defensive. You ' re shy and you don ' t normally like meeting people. You prefer to be on your own. You ' re easily hurt. If you sleep on your side, you have usually got a well-balanced personality. You know

your strengths and weaknesses. You ' re usually careful. You have a confident personality. You sometimes feel anxious, but you don ' t often get depressed. You always say what you think even if it annoys people . [300 words] 行文点评 本文为总分结构，第一段提出观点：睡姿显示个性, 作者在首句提出Everyone has got two personalities，并指出在一个人熟睡时，睡姿会显示出他真实的一面。进而作者在后面四段分别从四种不同的睡姿来阐释人的个性，我们从中可以学到谈论一个人性格时的几种常见表达：open(心胸开阔)，secretive(遮遮掩掩)，nervous(易紧张)，balanced personality(性格平和)。全文句型简单，读起来琅琅上口，十分适合于背诵。 好文妙译 睡姿与性格 每个人都有双重性格一种是展示于外的性格，另一种是隐藏于内的真实性格。在你醒着的时候，你不会表现你隐藏的个性，因为你能控制你的行为，但在熟睡时，你的睡姿会显示你真实的一面。当然，通常人们在夜里会频繁改变睡姿。最重要的姿势是你入睡的姿势。如果你仰卧而睡，那么你是一个心胸开阔的人。一般你相信他人，易受流行时尚和新观念的影响。你不喜欢使别人感到沮丧，所以你从不说出你真实的感受。你很害羞且不太自信。如果你俯卧而睡，则你喜爱遮遮掩掩。你心事重重，且容易沮丧。你很固执却没有野心。通常你为今天而不为明天而生活。这意味着你享受生活。如果你蜷缩着身体而睡，则你很可能是个容易紧张的人。你的自我感觉不好，因此自我保护意识强。你很害羞，通常不喜欢与人交往。你倾向于依赖自己且容易受到伤害。如果你侧卧而睡，则你性格平和。你知道自己的优点和缺点。一般而言，你小心谨慎且十分自信。有时你也会感到焦虑，但不会情绪低

落。即使你的观点会激怒别人，你也会将它表达出来。 词汇
斟酌 stubborn a. 顽固的，执拗的，倔强的 难对付的，难于
克服的 curl up 卷起，掀起(嘴唇等) (使)蜷起 defensive a.防
御用的, 自卫的 annoy vt. 使恼怒，使烦恼 打扰，干扰 佳句
临摹 【解析】even if 即使；纵然；尽管 【临摹】Even if I
had to walk there all the way, I ' ll get there.即使我得一路走着去
，我也要走到那里。 思如泉涌 Only one ' s mind is real. Strictly
speaking, appearance is nothing but a mask. Real man is in himself.
惟有人的心灵才是真实的。严格说来，相貌不过是一个面具
。真相在人的内心深处。 You may know by a handful the whole
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