

## 实用口语：身体不舒服的常用英文表达 PDF转换可能丢失图片或格式，建议阅读原文

[https://www.100test.com/kao\\_ti2020/467/2021\\_2022\\_E5\\_AE\\_9E\\_E7\\_94\\_A8\\_E5\\_8F\\_A3\\_E8\\_c96\\_467113.htm](https://www.100test.com/kao_ti2020/467/2021_2022_E5_AE_9E_E7_94_A8_E5_8F_A3_E8_c96_467113.htm) 俗话说人吃五谷杂粮，没有不生病的。那么生病之后如何向医生描述你的病情呢？下面是一些关于身体不舒服的常用英文表达，可以借鉴哦！  
I have a headache, nausea and vomiting. 我觉得头痛、恶心、想吐。  
I feel under the weather. 我不舒服，生病了。  
I feel unusually tired. 我感到反常的疲倦。  
I feel light-headed. 我觉得头晕。  
I have been staying in for a few days. 我生病在家几天了。  
My head is pounding. 我头痛。  
My symptoms include loss of appetite, weight loss, excessive fatigue, fever and chills. 我的症状是没有食欲、体重减轻、极度疲倦、发烧和发冷。  
I feel exhausted most of the time. 我大部份时间都觉得非常疲倦。  
I havent had much energy for some time. 我感到虚弱有段时间了。  
I feel drowsy, dizzy and nauseated. 我觉得昏昏欲睡，头晕目眩，还想吐。  
I feel as though everything around me is spinning. 我感觉周围的东西都在打转。  
I have noticed some hearing loss. 我发觉自己的听力变差了。  
I have some pain and itching around my eyes. 我眼睛周围又痛又痒。  
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