

短篇英语作文：工作与娱乐 PDF转换可能丢失图片或格式，
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https://www.100test.com/kao_ti2020/468/2021_2022__E7_9F_AD_E7_AF_87_E8_8B_B1_E8_c67_468160.htm 第一篇：Work and Play 「工作与娱乐」 Work and play do not contradict each other. in fact, they complement each other. As the saying goes, "All work and no play makes Jack a dull boy." A life burdened with work leads you nowhere, for you would get tired and bored with your daily routine work. On the other hand, proper recreation will relieve the tension and discomfort of our monotonous life because it offers you various ways to let out your pent-up emotions. What I usually do to relax after school is jogging and seeing movies. Usually I dont spare time for exercise, but I value the physical education class at school. Jogging several rounds in the field certainly relieves the days pressure. On weekends, Ill catch the morning movie for my visual enjoyment. I feel revived and energetic for another weeks work-load. 工作与娱乐并不互相冲突，事实上，它们之间的关系还相辅相成。有句格言说：「整日工作而没有休闲娱乐，会令人变得沉闷乏味。」被工作重担压得喘不过气来的生活，将使你一事无成，因为你将对一成不变的例行公事感到厌烦。由另一方面来说，适度的娱乐活动能提供各种管道，来渲泄你被压抑的情绪，减轻单调生活中的紧张与不悦。放学之后，我最常做的休闲活动，便是慢跑与看电影。通常我并不特地拨出时间来做运动，但是我很重视学校的体育课。在操场上慢跑几圈，无疑地可以减轻一天的压力。在周末时，我都去看早场电影，享受视觉飨宴。如此一来，我将有如再生般的充沛活力，

去面对下一星期的工作量。 第二篇：Play「游乐」 Play is an important part of life. Some people ever think that the purpose of life is play. Most Americans spend their holidays playing and more people come to believe that play is the lubricant of life. Open the newspaper, and you will see a great deal of news about movies, concerts, art exhibitions, television programs and all kinds of sport events. Indeed, if you will just step outside, you will see people heading for the park for picnic or taking their children to the zoo. During the weekend, life is play. 100Test 下载频道开通，各类考试题目直接下载。详细请访问 www.100test.com