格式,建议阅读原文 https://www.100test.com/kao_ti2020/470/2021_2022_2007_E8_8B_ B1_E8_AF_AD_c67_470900.htm For many people today, reading is no longer relaxation. To keep up their work they must read letters, reports, trade publications, interoffice communications, not to mention newspapers and magazines: a never-ending flood of words.In ___1__a job or advancing in one, the ability to read and comprehend ___2__ can mean the difference between success and failure. Yet the unfortunate fact is that most of us are ___3__ readers. Most of us develop poor reading ___4__ at an early age, and never get over them. The main deficiency ___5__ in the actual stuff of language itself-words. Taken individually, words have ___6__ meaning until they are strung together into phrased, sentences and paragraphs. ___7___ , however, the untrained reader does not read groups of words. He laboriously reads one word at a time, often regressing to ___8__ words or passages. Regression, the tendency to look back over ___9__ you have just read, is a common bad habit in reading. Another habit which ___10__ down the speed of reading is vocalizationsounding each word either orally or mentally as ___11___ reads. To overcome these bad habits, some reading clinics use a device called an ___12___, which moves a bar (or curtain) down the page at a predetermined speed. The bar is set at a slightly faster rate ___13__ the reader finds comfortable, in order to " stretch " him. The accelerator forces the reader to read fast, ___14___ word-by-word reading, regression and subvocalization, practically impossible. At

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first ___15___ is sacrificed for speed.But when you learn to read ideas and concepts, you will not only read faster, ___16___ your comprehension will improve. Many people have found ___17___ reading skill drastically improved after some training. ___18___ Charlce Au, a business manager, for instance, his reading rate was a reasonably good 172 words a minute ___19___ the training, now it is an excellent 1,378 words a minute. He is delighted that how he can 20___ a lot more reading material in a short periodof time.1.A.applying B.doing C.offering D.getting 2.A.quickly B.easily C.roughly D.decidedly3.A.good B.curious C.poor D.urgent4.A.training B.habits C.situations D.custom5.A.lies B.combines C.touches D.involves6.A.some B.A lot C.little D.dull7.A.Fortunately B.In fact C.Logically D.Unfortunately8.A.reuse B.reread C.rewrite D.recite9.A.what B.which C.that D.if10.A.scales B.cuts C.slows D.measures 11.A.some one B.one C.he D.reader12.A.accelerator B.actor C.amplifier D.observer13.A.then B.as C.beyond D.than14.A.enabling B.leading C.making D.indicating15.A.meaning B.comprehension C.gist D.regression16.A.but B.nor C.or D.for17.A.our B.your C.their D.such18.A.Look at B.Take C.Make D.Consider19.A.for B.in C.after D.before20.A.master B.go over C.present D.get through 100Test 下载频道开通,各类考试题目直接下载。详细请访问 www.100test.com