

大学英语六级听力理解综合辅导(十六) PDF转换可能丢失图片或格式，建议阅读原文

[https://www.100test.com/kao\\_ti2020/472/2021\\_2022\\_\\_E5\\_A4\\_A7\\_E5\\_AD\\_A6\\_E8\\_8B\\_B1\\_E8\\_c67\\_472008.htm](https://www.100test.com/kao_ti2020/472/2021_2022__E5_A4_A7_E5_AD_A6_E8_8B_B1_E8_c67_472008.htm) 2001年1月复合式听写部分讲解

The human body is a remarkable food processor. As an adult, you may consume (S1)\_\_\_\_\_a ton of food per year and still not gain or lose a pound of body weight. You are (S2)\_\_\_\_\_harnessing and consuming energy through the intricate (S3)\_\_\_\_\_of your body in order to remain in energy balance. To (S4)\_\_\_\_\_a given body weight, your energy input must balance your energy output. However, sometimes the (S5)\_\_\_\_\_energy balance is upset, and your (S6)\_\_\_\_\_body weight will either fall or (S7) \_\_\_\_\_. The term body image refers to the mental image we have of our own physical appearance, and (S8)\_\_\_\_\_

\_\_\_\_\_ Research has revealed that about 40 percent of adult men and 55 percent of adult women are dissatisfied with their current body weight.

(S9)\_\_\_\_\_ At the college level, a study found that 85 percent of both male and female first-year students desired to change their body weight. (S10)

\_\_\_\_\_ Thinness is currently an attribute that females desire highly. Males generally desire muscularity. The vast majority of individuals who want to change their body weight do it

for the sake of appearance. most want to lose excess body fat. While a smaller percentage of individuals actually want to gain weight.听前预测：第一个空格里面，通过快速扫描第一句话，The human body is a remarkable food processor.（人体是一个不可思议的食物处理器），同学们会明显发现这篇短文一定是讲人体和食物之间的关系，接下来第二句话，As an adult, you may consume (S1) \_\_\_\_\_ a ton of food per year and still not gain or lose a pound of body weight.（作为一个成年人，你可能会每年消耗掉\_\_\_\_\_一吨食物同时体重几乎不会发生变化），这里面的空格填什么呢？唯一的可能就是填“大约，差不多，几乎，超过”等词汇。因此有“about, nearly, almost, over”几个单词待选。接下来You are (S2) \_\_\_\_\_ harnessing and consuming energy through the intricate (S3) \_\_\_\_\_ of your body in order to remain in energy balance.（你在\_\_\_\_\_的汲取同时消耗着这些能量，通过你身体精巧的\_\_\_\_\_来保持能量守恒），这里面填什么呢？自然是持续不断的，一直的，后者应当是一个名词，反映在我们脑海里面的一般会是“机构，器官等等”。To (S4) \_\_\_\_\_ a given body weight, your energy input must balance your energy output.（为了\_\_\_\_\_使得体重如何，你的能量输入必须和你的能量输出相平衡），同学们稍微一猜就知道这里面一定是“保持一致，稳定等”，However sometimes the (S5) overall energy balance is upset, and your (S6) \_\_\_\_\_ body weight will either fall or (S7) \_\_\_\_\_.（然而有时候\_\_\_\_\_能量的平衡保持不佳，你的\_\_\_\_\_体重就会下降或者\_\_\_\_\_），这个句子虽然不长，但是里面有三个空格需要填，我们分析一下，第一个和第二个一定是形容词，修饰能量平衡和体重，猜

不出来没有关系，后面同学们可以感觉到一定是跟下降相反的表达，比如“上升，增加等”，因此备用单词为“increase, gain等”，这样就完成了前面单词部分的全部预测。后面的长难句由于过长，很难提前预测判断，因此同学们应努力做到把前面的小知识点提前好好分析一下，定能熟练掌握。参考答案：S1 overS2 constantlyS3 mechanismS4 maintainS5 overallS6 normalS7 increaseS8. it can be influenced by a variety of factors, including how much we weigh, or how that weight is distributed.S9. Similar findings have also been reported at the school level, mainly with female students.S10. The primary cause of this concern is the value that American society in general assigns to physical appearance. 100Test 下载频道开通，各类考试题目直接下载。详细请访问 [www.100test.com](http://www.100test.com)