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https://www.100test.com/kao_ti2020/497/2021_2022__E5_86_B2_E5_88_BA_EF_BC_9A_E5_c84_497979.htm 二、热点话题作文[重点部分]

1.Directions: For this part, you are allowed 30 minutes to write a short essay entitled Fast Food and Traditional Chinese Cooking. You should write at least 120 words following the outline given below: 1.很多人越来越喜欢西式快餐，如麦当劳(McDonald)、肯德基(KFC)。

2.你更喜欢西式快餐还是传统的中餐? 3.你的看法是... Fast Food and Traditional Chinese

Cuisine Since American-style fast food was introduced into Chinese market, it has been spreading at a blazing speed. Many people like to go to McDonald ' s and KFC for hamburgers, French fries and ice cream, but I still prefer traditional Chinese meal. First of all, by eating traditional Chinese meals, one can keep a well-balanced diet. Foods in McDonald ' s and KFC typically contain high calories and excessive calories will accumulate in the form of fat in the body. this may make people overweighed. But a typical Chinese food provides one with enough vitamins and protein that are needed to keep the physical fitness of humans. Therefore, although one can eat western fast food once in a while for a change, eating Chinese food is more healthy and enjoyable. 100Test 下载频道开通，各类考试题目直接下载。详细请访问 www.100test.com