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https://www.100test.com/kao_ti2020/502/2021_2022__E6_B1_82_E 8_81_8C_E8_8B_B1_E8_c96_502380.htm By Alexandra Levit, Author, "They Dont Teach Corporate in College: A

Twenty-Somethings Guide to the Business World" I will never forget how lost I felt the summer after my graduation from college, and in the nine years since, Ive spoken to countless 20-somethings who feel incredibly pressured to find their true calling immediately and build a successful career in a particular field before their 25th birthdays. A more realistic challenge is to ease yourself slowly into the work world by following a few strategies that many people dont try until theyre well into their 30s. School probably taught you a lot of things, but the business worlds unique set of rules may not have been part of the story. Hopefully these tips will get you started on the right foot Pick a Career Instead of a Job Looking for a job haphazardly, because you majored in something or because you saw a listing that looks somewhat interesting, youll risk getting started in a career that holds no real appeal for you, and then youll have to leave it to find something else. Why not plan your career strategically, just like you planned your education? Start by doing a self-assessment that teaches you things about yourself that you might never have thought about -- for example, what you like and dont like in a work environment, what defines success for you, and what type of work would make you want to sit in traffic for hours just for the privilege of showing up. Knowing these things can help you determine which occupations

could be a good fit for you. If You Cant Get a Job Right Away, Dont Despair If you start thinking of yourself as a victim or allow yourself to lapse into prolonged negativity, you wont be hurting anyone except yourself. Worrying until you get sick, abusing drugs or denying that youve reached an impasse wont help either. The best strategy for moving on is to recognize the reality of the situation, acknowledge your feelings and find a way to cope productively. Reach out to your support systems, and consider taking some time off -- after all, youll never have the freedom of being between school and work again! Network Like Mad in Your Chosen Field A huge percentage of job openings arent advertised because employers prefer to hire people through word of mouth. Developing relationships with people working in your field, then, means that youre top of mind whenever they hear of a new opportunity. Learn about new contacts by researching firms in your industry, joining social networking sites like LinkedIn, asking your parents friends, and joining relevant professional associations. Approach individuals by e-mail first, and dont put them on the defensive by asking for a job outright. Instead, show curiosity about their career path and see if theyll agree to lunch or coffee. Hone Your Reputation as a Can-Do, Enthusiastic Employee Dont have a sense of entitlement -- your company isnt responsible for your career growth: you are. Only approach your boss with a problem or complaint if youve explored all options for resolving it yourself. When you do, be prepared with a solution you could implement with her help. The words I dont have time should never escape your lips. If you know something needs to

be done, do it without being prodded. Your boss will quickly come to see you as someone she can count on and a huge asset to the team. If you have conflicting priorities, ask your boss to help sort them out. Dont Think of Your First Job as the Be All, End All to Career Stardom How can you master the skills it takes to get ahead without putting any time in the trenches? Thats like saying you could win an Olympic medal in swimming without learning to doggie paddle first. Look at your first post-college positions as temporary stops on your career path instead of permanent ones. Dont be in such a rush to get promoted either -- you have a long career life ahead of you to shoulder the heavy burden of being on top. In the meantime, enjoy getting paid to learn everything you can so that snagging your next job isnt quite as challenging! 100Test 下载频道开通,各类考试题 目直接下载。详细请访问 www.100test.com