

2008年6月大学英语四级考试作文范文（昂立版）PDF转换可能丢失图片或格式，建议阅读原文

https://www.100test.com/kao_ti2020/503/2021_2022_2008_E5_B9_B46_E6_9C_c83_503859.htm Recreational activity

In people's daily life, there are various recreational activities apart from studying or working ranging from Karaoke or dancing to computer games or sports games. Such activities are beneficial as well as harmful to us if undertaken inappropriately. On one hand, recreational activities can help us to not only build our body and mind but also improve our communication and understanding with friends because most of these activities are done with others. On the other hand, if we spend too much time on singing, dancing or other games, we might fail to concentrate on our duties such as studying or working, which in turn may lead to further consequences. As far as I'm concerned, recreational activities should be done within a certain limit so that we can keep a proper balance between recreation and studying or working life. 100Test 下载频道开通，各类考试题目直接下载。详细请访问 www.100test.com