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https://www.100test.com/kao_ti2020/503/2021_2022_08_E5_B9_B4_E8_81_8C_E7_A7_c91_503791.htm 12 . Tanning parlors take

heat 人工日照美容院吸收热量 People who seek a glamorous tan through sun lamps may double their risk of developing common types of skin cancer, according to a new study that found the risk was highest for those who start at a young age . The study, appearing in the latest issue of Journal of the U . S . National Cancer Institute , concluded that people who use tanning devices were 1.5 to 2.5 times more likely to have common kinds of skin cancer than were people who did not use the devices . The study confirmed what doctors have long suspected that sun lamp use increases the risk of basal cell and squamous cell skin cancers , said Margaret R

. Karagas , first author of the study . Either going to the tanning parlor , or getting an infrequent sunburn can seriously damage the skin , said Dr . James Spencer , vice chairman of the department of dermatology at Mount Hospital , but the small . day . to . day exposure is worse for the skin in the long run . Joseph A . Levy , vice president of the International Smart Tan Network , however , said occasional sunburn “ is a risk factor in all forms of skin cancer and intermittent sunburn is what the tanning industry is trying to stop . ’ ’ In the study, Karagas and her colleagues interviewed 603 basal cell skin cancer patients and 293 with squamous cell skin cancer . They talked to 540 control subjects, who did not have either type of skin cancer. About 1 million Americans

are diagnosed annually with skin cancer . Among those skin cancer patients , about 80 percent are with basal cell skin cancer,16 percent , with squamous cell skin cancer and 4 percent, with melanoma . the most serious form of skin cancers . Back to the interviewed patients , 190 reported that they had used tanning devices at some time . In the control groups , only 75 had used such devices . Karagas said a statistical analysis shows that those who used tanning equipment were 2.5 times more likely to get squamous cell skin cancer than those who had not used the devices . For basal cell cancer . the risk was 1.5 times greater . The risk was highest for those who first used the tanning devices before the age of 20 , said Karagas . For this group , the squamous cell cancer risk was 3.6 times greater than that of the controls while the basal cell cancer risk was 1.3 times greater .

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