

商务师业务外语辅导：怎样表达自己的观点商务师考试 PDF  
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在众人面前表达自己的观点，尤其是和大家不同的观点，是件很难的事。你可以一步一步地练习，来克服这个障碍。 5: It is tough for me to speak up and share my opinions, especially if they are somewhat controversial. 要我直抒胸臆很难，尤其遇到那些有争议的事

Addresses expressing your opinions 如何表达自己的观点 When people lack assertiveness, it is difficult for them to share their ideas, especially if they differ from the majority or from an influential person ' s opinion. The key to getting yourself to share your ideas is to be clear on what they are and how others could benefit from them. 当人们缺乏主张力时，要他们分享自己的看法是一件困难的事情，特别当他们的观点和多数人或有影响力的人的观点不同时就更难做到了。要把自己的观点表达出来，首先要清楚了解自己的想法，以及别人如何可以从中受益。 The best way to work on this assertiveness skills is to share your opinions in increasingly difficult situations. You may begin by expressing your semi-controversial views in a conversation with a friend. Then you express your opinions to your direct reports at work. Then you state a potentially unpopular viewpoint with your boss. And finally you express an outside of the box idea in a board meeting in front of your VP. 训练这项主张能力水平的最好办法是逐渐增加表达观点场合的难度。开始你可以在和朋友聊天的时候表达一些有点争议的观点；进一步，你可以在工作中向你的顶头上司表达

自己的观点；然后，向你的老板阐述一个可能不是很多人认同的观点。最后，在董事会上你可以在副总裁面前表达一个“跳出了思维框架”的观点。百考试题收集整理。"#F8F8F8" 100Test 下载频道开通，各类考试题目直接下载。详细请访问 [www.100test.com](http://www.100test.com)