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https://www.100test.com/kao_ti2020/533/2021_2022_2009_E5_B9_B4_E8_80_83_c73_533178.htm “ Always ” . “ Never ” . These are probably the two most powerful words in the English language . Even more powerful than yes and no , since saying yes(or no)applies to the moment or subject at hand , while saying “ always”or “ never”sets the tone for everything to come . The two words can be powerful in a beneficial way , or in an adversely negative way . If you use “ always ” in affirmations such as “ I am always increasing my level of joy and aliveness ” , Or “ I am always growing nearer and nearer to my divine reality ” 。 Or “ I am always at the right place at the right time ” , etc . , then these uses of the word “ always ” become an empowerment . However , when we use the word “ always ” in negative situations。 such as “ I always get it wrong ” , Or “ I always catch a cold ” , etc . then we are “ creating our reality ” in a powerful way . The use of the word ALWAYS is very powerful , so is the use of NEVER . While I encourage you to find empowering ways to use the word “ always ” 。 I also encourage you to drop completely the word NEVER . One cannot use that word positively?Even if you say “ I never catch a cold ” , Or “ My husband never cheats on me ” , Or whatever , the focus is still on something you don ’ t want in your life a cold , a cheating husband , etc . It is better to replace those statements(and thoughts)with “ I am always healthy ” . Or if you ’ re not quite comfortable with that statement , then say “ Each day

, I get healthier and healthier ” . Or rather than focus on the picture of a cheating husband , better to focus on “ My husband is always faithful to me ” . Or “ My husband and I are faithful and honest with each other . ” You can ask your subconscious to help you root out your use of the word “ always ” and the word “ never ” . Ask your subconscious to alert you when you use those words whether in thought or conversation . When you catch yourself “ creating your reality ” in a way that does not meet your highest vision of a happy life, then rephrase your thought or statement . If you find yourself sayin9 “ I always ’ followed by a negative projection , you could , at the least , replace the “ always ’ ’ with “ in the past , I... ” (omitting the word always or never) . In this way , you at least keep that picture tied to your past , and free your future for something which is more in keeping with your dreams and vision for yourself . I leave you with these thoughts : May you always be blessed with many wonder-full experiences . May your heart always be full of love for yourself and for others . So be it! [452 words] 1 . The text suggests that_____ . A . the word “ never ” cannot be powerful in a beneficial way B . the word “ always ” can only be powerful in a positive way C . the use of the word “ always ” is creating a reality powerfully D . “ yes ” and “ no should be replaced by “ always ” andnever 2 . According to the author , the word “ always ” _____ . A . is usually used to talk about happiness in our lives B . may be used either in a beneficial or in a negative way C . is used more in a beneficial way than in a negative way D . can be extremely powerful when used in a negative

way 3 . The author maintains that the word “ never ” _____ . A . can scarcely be used positively B . can sometimes be used positively C . can be used in an empowering way D . should be used in a negative situation 4 . In the author ’ s opinion , the word “ always ” _____ . A . should be discarded completely B . should be used more subconsciously C . should be used to talk about past events D . should be less used in negative situations 5 . The author insists that _____ . A . what you prefer to “ always ” have in your life , j ust say so B . everybody is always blessed with love and great happiness C . your future is based on your dreams and vision for yourself D . whatever you say or whatever you dream will come true someday 超纲词汇 Affirmation n . 断言 , 主张 , 肯定 divine adj . 神圣的 Empowerment n . 授权 projection n . 预测 , 估计 bless vt . 祝福 , 保佑 100Test 下载频道开通 , 各类考试题目直接下载。 详细请访问 www.100test.com