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https://www.100test.com/kao_ti2020/535/2021_2022_2009_E5_B9_B4_E8_80_83_c73_535512.htm Researchers at the Harvard School of Public Health have discovered that Americans with mental illness are nearly twice as likely to smoke cigarettes as people with no mental illness . Their study APPeared in the Nov . 22nd Journal of the American Medical Association . Karen Lasser and her colleagues found that 41 percent of people with mental illness are smokers compared to 22 . 5 percent of oeople who have never been mentally ill . They also found that the mentally ill smoke more heavily than others . Based on their results the authors estimate that people with diagnosable mental illness comprise nearly 45 percent of the total tobacco market in the U . S . The authors also found that nearly one-third of smokers with mental illness were able to quit smoking . If they abstained from drugs and alcohol they had cessation rates equal to people without mental illness . “ This finding should encourage us to help our patients with mental illness to quit smoking, especially given that persons with mental illness are at high risk for smoking-related deaths , ” said Danny McCormick, one of the co-authors . The study analyzed data from 4411 respondents aged 15 to 54 years who participated in the National Comorbidity Survey of psychiatric disease , a nationally representative multistage probability survey conducted from 1991 to 1992 . Their data is the most information available that looks at the association between type and severity of mental illness and the likelihood of smoking and

smoking cessation . Standard definitions of mental illness were employed that included major depression, bipolar disorder , agoraphobia , social and simple phobia , generalized anxiety disorder , alcohol abuse and dependence , antisocial personality , conduct disorder and nonaffective psychosis (including schizophrenia) . The authors quote internal documents from the tobacco industry showing that R . J . Reynolds had conducted marketing studies targeting psychologically vulnerable consumers . The studies implied that smokers used nicotine to treat symptoms of depression , for mood enhancement , for anxiety relief, to cope with stress and to “ gain self-control . ” The marketing study also suggested that smoking helps perk you up and helps you think out problems . Why do persons with mental disorders smoke more than others? This study does not really explain. We do know that nicotine is a stimulant, and that it seems to ease the symptoms of some severe disorders such as schizophrenia . 65-90% of persons with schizophrenia are nicotine dependent , probably partly because nicotine relieves some of their symptoms and improves cognitive functioning . Tobacco marketers have played on these statistics , but they probably didn ’ t create them . [410 words] 1

. American researchers discover that_____ . A . few people with mental illness smoke B . few people without mental illness smoke C . mentally ill persons are more likely to become smokers D . mentally ill smokers tend to smoke much more than others 2

. According to this passage_____ . A . alcohol abuse raises smoking cessation rates B . alcohol dependence lowers smoking

cessation rates C . drug abuse makes for smoking cessation D
 . drug abuse helps to lower smoking rates 3 . Mentally ill patients
are_____ . A . less likely to quit smoking B . less likely to
become alcohol addicts C . more likely to become drug addicts D
 . more likely to die of smoking related diseases 4 . the fact that
mentally ill smokers smoke more than others . A . The author tries
to explain B . Tobacco marketers hardly know C . Some American
researchers explained D . The marketing studies conducted by the
tobacco industry revealed 5 . The proper title for this passage should
be_____ . A . The Harmfulness of Smoking B . Mentally Ill
Smoke A Lot C . Smoking and Smoking Cessation D . Symptoms
of Severe Mental Disorders

难句透析 This finding should encourage US to help our patients with mental illness to quit smoking , especially given[that persons with mental illness are at high risk for smoking related deaths , said Danny McCormick , one of the Coauthors . 【结构】在本句中 , 过去分词短语 “ given...deaths ” 用做状语 ; 方括号标示的 “ that...deaths ” 是过去分词 “ given ” 的宾语从句。 【释义】丹尼麦高米克是这篇论文的作者之一 , 他说 , “ 该发现应能鼓励我们帮助精神病人戒烟 , 尤其当精神病人非常可能因吸烟导致死亡时 , 我们更应帮助他们戒烟。 ” The study analyzed data from 4411 respondents Eaged 15 to 54 years][who participated in the National Comorbidity Survey of psychiatric disease , (a nationally representative multistage probability survey(conducted from 1991 to 1992>)). 【结构】第一个方括号标示的过去分词短语 “ aged 15 to 54 years ” 用做后置定语 , 修饰 “ respondents ” ;

第二个方括号标示的“ who...1992 ”用做后置定语从句，修饰“ respondents ”；黑体圆括号标示的“ a nationally . . . 1992 ”是“ the National Comorbidity Survey ”的同位语；尖括号标示的过去分词短语“ conducted...1992 ”用做后置定语，修饰“ survey ”。 【释义】1991年至1992年，进行了全国精神病发病率普查，这是在全国范围内进行的、有代表性的多级发病概率普查。普查对象从15岁至54岁。该项研究分析了参加普查的4411人的数据资料。 Their data is the most information available[that looks at the association between type and severity of mental illness and the likelihood of smoking and smoking cessation] . 【结构】在本句中，方括号标示的“ that...cessation ”用做后置定语从句，修饰“ information ”。 【释义】这些人的数据资料是最现成的资料，可以用来研究精神病的类型、严重程度与吸烟、戒烟之间的相关关系。 Standard definitions of mental illness were employed[that included major depression , bipolar disorder , agoraphobia. social and simple phobia 。 generalized anxiety disorder , alcohol abuse and dependence , antisocial personality , conduct disorder and nonaffective psychosis(including schizophrenia)] . 【结构】在本句中，方括号标示的“ that...(including schizophrenia) ”用做后置定语从句，修饰句子的主语“ definitions ”。 【释义】当时对精神病采用的是标准定义法，其中包括：情绪严重消沉、狂躁与抑郁交替的精神双向失调、陌生环境恐怖症、社交恐怖症和单一恐怖症、一般的精神忧虑、酗酒和嗜酒、不擅社交的个性、行为错乱和无情感的精神错乱(包括精神分裂症)。 The studies implied[that smokers used nicotine ” to treat symptoms of

depression , for “ mood enhancement , ” for anxiety relief , to cope with stress and to gain selfcontrol .] 【结构】在本句中，方括号标示的“ that...to ‘ gain selfcontrol ’ ”是谓语动词“ implied ”的宾语从句；其中有五个并列成分(三个动词不定式和两个介词短语)，用做目的状语。 【释义】这些市场调研表明，吸烟者利用烟中的尼古丁来对付情绪消沉的各种症状：“愉悦精神”、“减轻焦虑”、“缓解紧张”并且“达到自我控制”。 100Test 下载频道开通，各类考试题目直接下载。详细请访问 www.100test.com