

每天阅读一小时，培养一种认真记笔记的好习惯实用英语考试 PDF转换可能丢失图片或格式，建议阅读原文

https://www.100test.com/kao_ti2020/562/2021_2022__E6_AF_8F_E5_A4_A9_E9_98_85_E8_c96_562360.htm The key to expanding

your knowledge is reading. Perhaps not all readers are leaders, but all leaders are readers. 扩大知识面的关键在于读书。也许并非所有

阅读的人都是领袖，我要收藏 但是所有的领袖都读书。最近

几年老张很高兴自己养成了两个很好的习惯。一个习惯是喜

欢读书，另一个习惯是痴迷游泳。读书养心，游泳健身，仅

这两个习惯就让我觉得比同龄人活得更自在，更自信。今天

主要谈一下阅读：In order to stay on top of your job, you should

read in your field at least one hour per day, underlining and taking

good notes. Anything less than one hour per day will put you in

danger or being passed by your competitors. The rule is that to earn

more, you must learn more. 要想在工作中出类拔萃，你应该每

天都读一小时的专业书籍，培养一种认真记笔记的好习惯（

老张博客里的很多话题其实都是读书笔记）。如果少了那一

小时的专业阅读，你很有可能会被你的竞争对手甩在后面。

有条法则是：若想挣得更多，你就必须学得更多。The more

you learn, the more you earn. The more knowledgeable you become

about your field, the more courage and confidence you will have to

implement your skills in you work. The more courage and

confidence you develop, the higher will be your self-esteem and your

sense of personal power. You will become virtually unstoppable in

everything you do. 你知道得越多，挣的钱就会越多。在你的领

域，你越渊博，你在工作中就越有勇气和信心发挥自己的技

能。你越有勇气，自信心越强，你的自我感觉就会越好，个人力量也会相应变强。这样无论你做什么事情，都会成功。

If you read just one hour per day, that will amount to about one book per week. One book per week will amount to about 50 books per year. Fifty books per year will totally about 500 books over the next 10 years. At the very least, you will need a bigger house just to hold your books, and you will probably be able to afford it as well.

如果你每天读一小时的书，那么加起来，你每星期就会读完一本书；而每周一本书，加起来每年就是50本书；每年50本书，就意味着在未来的十年里，你将会读完500本书。到那时，你需要一个大一点的房子来收藏这些书；到那时，你会发现自己已经完全有能力买下一栋大房子了。100Test 下载频道开通，各类考试题目直接下载。详细请访问 www.100test.com