

BEC新闻阅读:墨西哥成全球第二大肥胖国商务英语考试 PDF  
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with the Mexican health ministry to develop strategies to address obesity throughout the country. " Mexico has probably had the most rapid increase of obesity in the last 15 years." Mexican Health Secretary Jose Cordova , who launched a new health campaign Feb. 25 , agrees: "We have to put the brakes on this obesity problem." 由于软饮料和快餐厅越来越受欢迎，墨西哥目前已成为全球第二大肥胖国家。墨西哥的卫生官员们称，如果这一趋势持续下去，墨西哥将在十年内赶超美国，成为第一大肥胖国。据墨西哥全国范围内的最新调查结果显示，超过71%的女性和66%的男性体重超标。目前，糖尿病是墨西哥的第一大死亡原因。社会活动家和权威人士希望相关部门能继续努力，抵制垃圾食品和其它高脂肪食品，并鼓励人们多锻炼身体。但由于一些行业组织会出面抗议，这注定是一场“攻坚战”。说到墨西哥人对于增肥食品的喜爱，没有人比利迪娅·加杜诺体会更深。利迪娅在墨西哥中部的墨西哥城经营一家水果店已有十年之久。加西娅·波普金教授介绍，1989年，墨西哥仅有不到10%的成年人体重超标。那时甚至没人谈论肥胖问题。专家们都一门心思地去想如何解决贫穷和饥饿问题。“他们没想到肥胖问题也随即而来。”波普金教授目前正与墨西哥卫生部合作，制订解决全国范围肥胖问题的战略。他说：“在过去15年中，墨西哥可能是肥胖率增长最快的国家。”墨西哥卫生部部长约塞·科多瓦于上月25日启动了一项新的健康计划。他也认为，“控制肥胖势在必行。”

Vocabulary: snuck(sneak) up on:偷偷跟着某人 100Test 下载频道开通，各类考试题目直接下载。详细请访问

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