

2009职称英语考前每日一练(卫生类第40期 - B级)职称英语考试 PDF转换可能丢失图片或格式，建议阅读原文

https://www.100test.com/kao_ti2020/578/2021_2022_2009_E8_81_8C_E7_A7_B0_c91_578011.htm Warm people likely to keep cold at bay Staying positive² through the cold season could be your best defense against getting ill , . new study findings suggest . In an experiment that exposed healthy volunteers to a cold or flu virus . ³ researchers found that people with a generally sunny disposition⁴ were less likely to fall ill . The findings , published in the journal Psychosomatic Medicine , build on evidence that a “ positive emotional style ” ⁵ Can help ward off⁶ the common cold and other illnesses . Researchers believe the reasons may be . both objective as in happiness boosting immune function and subjective as in happy people being less troubled by a scratchy throat or runny nose⁷

“ People with a positive emotional style may have different immune responses to the virus , ” explained lead study author Dr Sheldon Cohen of Carnegie Mellon University in Pittsburgh . “ And when they do get a cold , they may interpret their illness as being less severe . ” Cohen and his colleagues had found in a previous study that , happier people seemed less susceptible to⁸ catching a cold , but some questions remained as to⁹ whether the emotional trait itself had the effect . For the new study , the researchers had 193 healthy adults complete standard measures of personality traits , selfperceived health and emotional “ style . ” Those who tended to be happy , energetic and easygoing were judged as having a positive emotional style , while those who were often unhappy

, tense and hostile had a negative style . The researchers gave them nasal 0drops containing either a cold virus or a particular flu virus . Over the next six days , the volunteers reported on any aches , pains , sneezing or congestion they had , while the researchers collected obliective data , like daily mucus production . Cohen and his colleagues found that based on objective measures of nasal woes, , happy people were less likely to develop a cold1

. According to a study author , when people with a positive emotional style do get a cold , they may think. A . that their illness is very seri ‘ ous B . that their illness is not so serious C . that they do not get any illness at all D . that the illness they get is not a mild one 2 .

People with a positive emotional style may have all of the following characteristics EXCEPT. A . happy B selfish C

. easygoing D . energetm 3 . Which of the tollowing is NOT one of the characteristics that people with a negative emotional style may have? A . Hostile . 来源 : www.examda.com B . Unhappy . C

. Warmblooded . D . Tense . 4 . How did the researchers test

their volunteers? A . By giving everyone nasal 0drops containing either a cold virus or a particular flu virus B . By givmg everyone a . medicine that help lessen the probability of catching cold C . By giving everyone an injection boosting immune function D . Bv

investigating everyones characteristics , interests and hobbies . 5

. Which of the following items is NOT included in the data that the researchers collected? A . Mucus production . B . Aches and pains

C . Sneezing or congestion . D . Blood test . 参考答案: 1 . B 2

. B 3 . C 4 . A 5 . D 相关推荐 : 09年3月职称英语考生考前互

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