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https://www.100test.com/kao_ti2020/581/2021_2022__E5_85_A8_E5_9B_BD_E5_85_AC_E5_c88_581115.htm Recognizing the details that we cannot change about ourselves is also a sign of personal growth. We cannot change our height, so why waste energy complaining about being short? Our energy would be better spent on more constructive projects. Instead of dwelling on personal characteristics we are not satisfied with, we ought to focus more on what we are good at. 能认清我们无法改变自己这个事实也是一个人成熟的表现。既然我们不能改变自己的身高，那么又何必浪费力气抱怨自己长得矮呢？把我们的精力用在更有建设性的计划上会更好。与其在自己不满意的个人特征上钻牛角尖，不如把精力放到我们擅长的事情上。 编辑推荐：名师指导公共英语阅读考试技巧 公共英语pets三级全真模拟试卷 公共英语pets二级语法讲解汇总 100Test 下载频道开通，各类考试题目直接下载。详细请访问 www.100test.com