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https://www.100test.com/kao_ti2020/583/2021_2022_2010_E5_B9_B4_E8_81_8C_c91_583104.htm Recreation and Sports “ All work and no play makes Jack a dull boy ” is a popular saying in the United States. Other countries have similar sayings. It is true that all of us need recreation. We cannot work all the time if we are going to maintain good health and enjoy life. Good physical and mental health in fact enables us to work more efficiently. Everyone has his own way of relaxing .Perhaps the most popular way is to participate in sports. There are team sports , such as baseball , basketball , and football. There are individual sports , also , such as golf and swimming. In addition , hiking , fishing , riding and mountain climbing have a great attraction for people who like to be outdoors. Chess , card-playing , and dancing are forms of indoor recreation enjoyed by many people. Not everyone who enjoys sporting events likes to participate in them. Many people prefer to be spectators , either by attending the games in person , watching them on television , or listening to them on the radio. When there is an important baseball game or boxing match , it is almost impossible to get tickets. everyone wants to attend. It doesn t matter whether we play a fast game of ping-pong , concentrate over the bridge table , or go walking through the woods on a brisk autumn afternoon. It is important for everyone to relax from time to time and enjoy some form of recreation. 练习 : 1. Paragraph 2_____. 2. Paragraph3_____. 3. Paragraph4_____. A) The

important of having recreation B) The recreation centers C) Type of sports D) Fun of being spectators 4. To keep fit and enjoy life , all of us must have_____. 5. Participating in door sports or outdoor sports is a good way_____. 6. Many people prefer watching games to_____. 7. It is generally believed that those who work all the time and do not know how to relax_____. A) must be very boring B) some kind of recreation C) participating in them D) to relax oneself E) to choose one s own way of relaxing Keys

: CDABDCA 相关推荐：把职称英语页面加入收藏 2009年职称英语考试成绩查询汇总 2009年职称英语考试试题及答案点评专题 编辑推荐：为帮助广大学员有效备考，我们特推出了职称英语2010年网络辅导课程,相信会让大家有耳目一新的视听感受。现在报名职称英语辅导，赠送2009年精品课程及考试E币。点击查看详情》 100Test 下载频道开通，各类考试题目直接下载。详细请访问 www.100test.com