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What happens to a man who does not sleep? Peter Tripp decided to find out. He went without sleep for 200 hours. After 30 hours he found that his eyes began to play tricks on him. Chairs seemed to move by themselves. The floor looked like it, too, was moving. After about 100 hours Tripp could not do simple things. He could not remember the alphabet. After 150 hours he had trouble remembering his name. After 200 hours he went to sleep. When he woke up, he felt fine. 如果一个人不睡觉会怎么样？Peter Tripp决定查出真相。他共坚持了200个小时没睡觉。30小时后他发现他的眼睛开始玩他，椅子会自己动，好像地板也是一样在移动。大概100小时的时候，Tripp连简单的事都不能做，他连字母表也记不起来。过了150小时，他想自己的名字都有问题。过了200小时，他就睡了。当他醒了的时候，他感觉还好。 编辑推荐：2009年下半年公共英语考试报名汇总 名师指导公共英语阅读考试技巧 公共英语pets三级全真模拟试卷 公共英语pets二级语法讲解汇总 100Test 下载频道开通，各类考试题目直接下载。详细请访问 [www.100test.com](http://www.100test.com)