

2010年公共英语四级PETS4作文辅导：自信的好处PETS考试
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https://www.100test.com/kao_ti2020/644/2021_2022_2010_E5_B9_B4_E5_85_AC_c88_644171.htm [考查要点]

考生应根据提示信息（中/英文）写出一篇150 - 200词的短文。提示信息的形式有主题句、写作提纲、规定情景、图、表等。写作时间约为35分钟。公共英语PETS四级作文预测：自信的重要性以及如何建立自信 [题目要求] Section IV Writing (30 points)

Directions : In this part , you are to write an essay of about 200 words within 40 minutes. Your essay should be based on the information given in the outline below. [Outline] : 来源

: www.examda.com 1. Importance of confidence 2. Reasons for lack of confidence 3. How to build up confidence [参考范文]

One possible version : Whatever one does , one should do it with confidence. If one has no confidence , there is little possibility that one can achieve anything when faced with hardships. This truth seems to be self-evident. In reality , however , we do see a lot of people who always complain that they lack the ability to do something or that their difficulties are too great to overcome. For some , this might be true. But for the others , this only shows that they have lost heart. Why do some people often feel frustrated even though they are capable of doing something ? I think there are two main reasons. In the first place , these people don ' t have a proper evaluation of themselves. They tend to underestimate their capabilities. Secondly , it is possible that they exaggerate the difficulties. In my opinion , one can build up confidence by oneself

as long as he has a right attitude towards his own abilities. We should neither underestimate nor overestimate our abilities. Try to find your advantages and that is OK. As a proverb says , "Where there is a will , there is a way." With confidence we can certainly cope with any task we are faced with. 更多信息：09年公共英语四级听力应试指导及应试技巧 全国公共英语四级考试笔试试卷内容与结构 100Test 下载频道开通，各类考试题目直接下载。详细请访问 www.100test.com