

英语四六级阅读理解主旨题名师精解英语四级考试 PDF转换  
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[https://www.100test.com/kao\\_ti2020/645/2021\\_2022\\_\\_E8\\_8B\\_B1\\_E8\\_AF\\_AD\\_E5\\_9B\\_9B\\_E5\\_c83\\_645070.htm](https://www.100test.com/kao_ti2020/645/2021_2022__E8_8B_B1_E8_AF_AD_E5_9B_9B_E5_c83_645070.htm) zmxka"> 主要考查对文章进行概括或总结的能力，要求在阅读短文时，能够提炼文章的中心思想，体会作者的主要写作意图，充分运用逻辑概括能力，透过字里行间获取文章最具代表性的观点、论点及作者的情感倾向。（一）出题形式：主旨大意题命题形式主要有三大类：一类是概括中心思想（main idea）型；一类是确定文章标题或主题（topic/title/headline）型；还有一类是询问文章的写作目的（purpose）。1）What would be the best title for the text？2）What is the topic of the text？3）Which of the following best expresses the main idea？4）The best title/headline for this passage might be \_\_\_\_\_.5）The author's main purpose in writing the passage is \_\_\_\_\_.6）Which of the following statements is best supported by the text？7）Which of the following best summarizes the passage？8）The main idea/The general idea/The main theme of this passage is \_\_\_\_\_.9）The title that best expresses the main idea of the passage is \_\_\_\_\_.（二）答案位置：大部分文章都有主题句（topic sentence），主题句表达了文章的中心思想（main idea），找到了主题句，也就抓住了文章的主旨大意。因此，“主题句定位法”是解答主旨大意题的一种行之有效的方法。主题句呈现形式通常有以下几种：1）在开头出现；2）在结尾出现；3）在开头和结尾同时出现，首尾呼应；4）有些文章的中心思想贯穿全文，并没有用一句话明确表达出来，这就要求学生会归纳概括

。 进入：大学英语四级阅读超级攻略 还不明白就去百考试题  
在线网上辅导 (三) 实战演练 1. The easy way out isn't always  
easiest. I learned that lesson when I decided to treat Doug, my  
husband of one month, to a special meal. I glanced through my  
cookbook and chose a menu which included homemade bread.  
Knowing the bread would take time, I started on it as soon as Doug  
left for work. As I was not experienced in cooking, I thought if a  
dozen was good, two dozen would be better, so I doubled  
everything. As Doug loved oranges, I also opened a can of orange  
and poured it all into the bowl. Soon there was a sticky dough (面团)  
covered with ugly yellowish marks. Realizing I had been  
defeated, I put the dough in the rubbish bin outside so I wouldn't  
have to face Doug laughing at my work. I went on preparing the rest  
of the meal, and, when Doug got home, we sat down to Cornish  
chicken with rice. He tried to enjoy the meal but seemed disturbed.  
Twice he got up and went outside, saying he thought he heard a  
noise. The third time he left, I went to the window to see what he was  
doing. Looking out, I saw Doug standing about three feet from the  
rubbish bin, holding the lid up with a stick and looking into the  
container. When I came out of the house, he dropped the stick and  
explained that there was something alive in our rubbish bin. Picking  
up the stick again, he held the lid up enough for me to see. I felt cold.  
But I stepped close and looked harder. Without doubt it was my  
work. The hot sun had caused the dough to double in size  
and the fermenting yeast (酵母) made the surface shake and sigh as  
though it were breathing. It looked like some unknown being from

outer space. I could see why Doug was shaken. I had to admit what the “ living thing ” was and why it was there. I don ’ t know who was more embarrassed (尴尬) by the whole thing Doug or me. The writer ’ s purpose in writing this story is \_\_\_\_\_ a.to tell an interesting experience. b.To show the easiest way out of a difficulty. c.To describe the trouble facing a newly married woman d.To explain the difficulty of learning to cook from books

2 Decision thinking is not unlike poker--- it often matters not only what you think, but also what others think you think and what you think they think you think. The mental process is similar. Naturally, this card game has often been of considerable interest to people who are, by any standards, good thinkers. The great mathematician John von Neumann was one of the founders of game theory. In particular, he showed that all games of “ perfect information ” , games like chess where the players can ’ t hide anything or play tricks. they don ’ t win by chance, but by means of logic and skills. Then there are games of “ imperfect information ” , like poker, in which it is impossible to know in advance that one course of action is better than another. One mistaken idea about business is that it can be treated as a game of perfect information. Quite the reverse. Business, politics, life itself are games which we must normally play with very imperfect information. Business decisions are often made with many unknown and unknowable factors which would even puzzle best poker players. But few business people find it comfortable to admit that they are taking a chance, and many still prefer to believe that they are playing chess, not poker. The subject discussed in this text is \_\_\_\_\_ a. the

process of reaching decision b. the difference between poker and chess c. the secret of making good business plans d. the value of information in winning games

3 Most people feel lonely sometimes, but it usually only lasts between a few minutes and a few hours. This kind of loneliness is not serious, In fact, it is quite normal. For some people, though, loneliness can last for years. Now researchers say there are three different types of loneliness. The first kind of loneliness is temporary(暂时的). This is the most common type. It usually disappears quickly and does not require any special attention. The second kind, situational loneliness, is a natural result of a particular situation for example a family problem, the death of a loved one, or moving to a new place. Although this kind of loneliness can cause physical problems, such as headaches and sleeplessness, it usually does not last for more than a year. The third kind of loneliness is the most severe. Unlike the second type, chronic(长期的) loneliness usually lasts more than two years and has no specific cause. People who experience habitual loneliness have problems socializing and becoming close to others. Unfortunately, many chronically lonely people think there is little or nothing they can do to improve their condition. Psychologists agree that one important factor in loneliness is a person ' s social contacts, e.g. friends, family members, co-workers, etc. We depend on various people for different reasons. For instance, our families give us emotional support. our parents share similar interests and activities. However, psychologists have found that, though lonely people may have many social contacts, they sometimes feel they should have more. They

question their own popularity. Psychologists are trying to find ways to help habitually lonely people for two reasons: they are unhappy and unable to socialize and there is a connection between chronic loneliness and serious illness such as heart disease. While temporary and situational loneliness can be a normal, healthy part of life, chronic loneliness can be a very sad, and sometimes dangerous condition. The topic of the 4th paragraph is that \_\_\_\_\_.

a. one problem of loneliness is a person ' s social contacts  
b. we depend on various people for different reasons  
c. lonely people don ' t have many social problems  
d. lonely people don ' t have many friends

What is the best title for the passage?  
a. Three Kinds of Loneliness.  
b. Loneliness and Diseases  
c. Loneliness and Social Contacts  
d. Chronic Loneliness.

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