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A 大学英语四级考试 (CET 4) 试题册 注意事项来源

：www.100test.com 一、 将自己的校名、姓名、学校代号、准考证号写在答题卡1和答题卡2上，将本试卷代号划在答题卡2上。二、 把试题册、答题卡均不得带出考场。考试结束后，教师收卷后才可离开考场。三、 仔细读懂题目的说明。四、 在30分钟内做完答题卡1上的作文题。30分钟后考生按指令启封试题册。在接着的15分钟内完成快速阅读理解部分的试题。然后监考员收取答题卡1，考生在答题卡2上完成其余部分的试题。全部答题时间为125分钟，不得拖延答题。五、 考生必须在答题卡上作答，凡写在试题册上的大案一律无效。六、 多项选择题每题只有一个答案；如多选，则该题无分。选定答案后用HB-2B浓度的铅笔在相应的字母中划一条横线。划线要有一定的粗度，要盖过字母的底色。七、 如果要改动答案，必须先用橡皮擦净原来选定的答案，然后按规定重新答题。八、 在考试过程中要注意对自己的答案保密。若被他人抄袭，一经发现，后果自负。 Part Writing (30 minutes)
注意：此部分试题在答题卡 1 上，请在答题卡1上作答。 Part II Reading Comprehension (Skimming and Scanning) (15 minutes)
Directions: In this part, you will have 15 minutes to go over the passage quickly and answer the questions on Answer Sheet 1. For questions 1-7, choose the best answer from the choices marked A), B), C) and D). For questions 8 to10, complete the sentences with the

information given in the passage. Using the mind to fight diseases
Psychology has a new application in the field of medicine. Many
doctors, together with their patients, are looking for alternative
methods of treatment of physical problems. In large hospitals and
research centers, modern methods of therapy seem to focus on the
physical disease without considering the patients mental state.
Patients may feel that they are being treated impersonally, like
broken machines. Some doctors have recognized this as a problem.
They are now using psychological therapy with patients to use their
own minds to fight their diseases. Because the patient is working with
the medicine and the doctors against the disease, his or her attitude
changes. The patient does not wait for the medicine and treatment to
cure him or her, but instead the patient joins in the fight. Mental
therapy The doctor knows that a disease affects a patients body
physically. The body of the patient (in this case, a man) changes
because of the disease. He is not only physically affected, but as the
physician knows, he also has an emotional response to the disease.
Because his mind is affected, his attitude and behavior change. The
medical treatment might cure the patients physical problems, but the
patients mind must fight the emotional ones. For example, the
studies of one doctor, Carl Simonton, M. D., have shown that a
typical cancer patient (in this case, a woman) has predictable
attitudes. She typically feels depressed, upset, and angry. Her
self-image is poor and she feels self-pity. As a result, her behavior
changes. Because of her constant depression, she acts unfriendly
toward her family, friends, doctors, and nurses. Such attitudes and

behaviors prevent the patient from getting well. Therefore, a doctor's treatment must help the patient change her attitudes. Simonton's method emphasizes treatment of the whole patient by treating both the body and the mind. The attitude of a cancer patient who is receiving radiation therapy, an X-ray treatment, can become more positive. The physician who is following Simonton's psychological treatment plan suggests that the patient imagine that he or she can see the tumor (肿瘤) in the body. In the mental picture, the patient "sees" a powerful beam of radiation like a million bullets of energy. The patient imagines the beam hitting the tumor cells and causing them to shrink. For another cancer patient, Dr. Simonton might make another suggestion. This patient, with a different kind of cancer, needs to take capsules and pills several times a day. The doctor asks the patient to imagine the medicine going from the stomach into the bloodstream and to the cancer cells. The patient imagines that the medicine is like an army fighting the diseased cells and sees the cancer cells gradually dying. His or her blood carries away the dead cells. Both the medical therapy and the patient's positive attitude fight the disease. Doctors are not certain why this mental therapy works. However, this use of psychology does help some patients because their attitudes about themselves change. They become more confident because they use the power within their own minds to help stop the disease.

Suggestion therapy Another application of using the mind to help cure disease is the use of suggestion therapy. Before making the suggestion, the doctor helps the patient to concentrate deeply. The patient (in this case, a

man)thinks only about one thing. He becomes so unaware of other things around him that he seems to be asleep. He is said to be in a trance (催眠状态). Then the physician makes "a suggestion" to the patient about the medical problem. The patients mind responds to the suggestion even after the patient is no longer in the trance.. In this way, the patient uses his mind to help his body respond to treatment. Suggestion therapy helpful for both adults and children Doctors have learned that this use of psychology is helpful for both adults and children. For example, physicians have used suggestion to help adults deal with the strong pain of some disease. Furthermore, sometimes the adult patient(in this case, a woman) worries about her illness so much That the anxiety keeps her from getting well. The right suggestions may help the patient to stop being anxious. Such treatment may help the patient with a chronic (慢性的) diseases. Asthma (哮喘) is an example of a chronic disorder. Asthma is a disease that causes the patient to have difficulty in breathing. The patient starts to cough and sometimes has to fight to get the air that he or she needs. Psychology can help relieve the symptoms of this disorder. After suggestion therapy, the asthma patient breathes more easily. Physicians have learned that the psychological method is very useful in treating children. Children respond quickly to the treatment because they are fascinated by it. For example, Dr. Basil R. Collison has worked with 121 asthmatic children in Sydney, Australia, and had good results. Twenty-five of the children had excellent results. They were able to breathe more easily, and they did not need medication. Another forty-three were also helped. The symptoms of

the asthma occurred less frequently, and when they did, they were not as strong. Most of the children also felt better about themselves. Doctors have also used suggestion to change habits like nail-biting, thumb-sucking, and sleep-related problems. Response from the medical world Many professional medical groups have accepted the medical use of psychology because they recognize its value. Nobody knows how suggestion works. however, doctors have learned that psychology has important applications in medicine.

1. What does the passage mainly discuss? A) How to use the mind against disease. B) How modern methods of therapy focuses on the physical disease. C) Response from the medical world. D) How suggestion therapy benefits to adults and children.

2. How does psychological therapy work? A) The patient waits for the medicine and treatment to cure him. B) The doctor uses medical treatment to cure the patients problems. C) The doctor, the medicine, and the patient work together to fight disease. D) The patient uses his minds to cure himself.

3. What can we learn from the studies of Carl Simonton, M. D.? A) The medical treatment can cure the patients mental disease. B)The treatment of a patient by treating the body and the mind is necessary. C)The mental treatment is more important than medical treatment. D)Few patients have emotional response to the disease.

4. The use of psychological therapy is helpful to some patients in that . A) the medical effect is better with psychological therapy than without it B) the patients can see a powerful beam of radiation hitting their tumor cells C) the patients attitudes towards themselves have changed D) the patients are easy to accept the methods the doctors

use to treat them 5. , the patient can use his mind to help his body respond to treatment. A) In medical treatment B) In mental therapy C) In the tumor operation D) In suggestion therapy 6. It can be learned from the passage that suggestion therapy cannot be used to . A) help adults deal with the strong pain of some diseases B) help the patients with chronic diseases C) help change bad habits like nail-biting, thumb-sucking, and sleep-related problems D) help patient overcome insomnia 7. According to the passage, which of the following remains unknown so far? A) Many doctors have recognized the psychological value B) Suggestion therapy is helpful for both adults and children C) Medical researchers have known how suggestion works D) Doctors have learned that psychology is important in medical treatment 注意：此部分试题在答题卡1上作答；8 - 10题在答题卡1上。 100Test 下载频道开通，各类考试题目直接下载。详细请访问 www.100test.com