

2012年全国英语等级考试三级阅读练习(5)(答案) PDF转换可能丢失图片或格式，建议阅读原文

https://www.100test.com/kao_ti2020/645/2021_2022_2012_E5_B9_B4_E5_85_A8_c88_645432.htm 2011年公共英语考试已经结束，

有不少考生已经为2012年的考试做准备，在此，百考试题公共英语站点编辑为各位考生提供了pets3阅读练习题，附有答案。

Directions: Read the following article in which five people talk about their ideas of dieting. For questions 61 to 65, -match name of each speaker to one of the statements (A to C) given below.

Mark your answers on your ANSWER SHEET. Abbey You can always recognize dieters from the sour expression on their faces.

They spend most of their time turning their noses up at food. They are forever consulting calorie charts, gazing at themselves in mirrors, and leaping on to weighing-machines in the bathroom. They spend a lifetime fighting a losing battle against spreading hips, protruding tummies and double chins. What a miserable lot dieters are! Marlin I began making some dietary and lifestyles changes during my second year of college and have been eating this way ever since. I like the way I feel when I don ' t eat animal foods so much more than the pleasure I used to get from eating them. I have much more energy. I need less sleep. I feel calmer. I can maintain an ideal body weight without worrying about how much I eat, and I can think more clearly. Maggie During my first year of college, I gained forty pounds when I began throwing the javelin. For the next twenty years, I carried all of this extra weight and kidded myself that I was in good shape since that ' s what I weighed in college. Now that I ' ve lost all

that extra weight, I feel great! People say all the time, "Well, how do you live without eating cheeseburgers or this or that?" and I say, "You just don't. It's not even an option. It's not that hard once you get on it." Belinda If you are on a diet, you're always hungry. You can't be hungry and happy at the same time. All the horrible concoctions you eat instead of food leave you permanently dissatisfied. A complete food it may be, but not quite as complete as juicy steak. So at least three times a day you will be exposed to temptation. How miserable to watch others tucking into piles of mouth-watering food while you munch a water biscuit and sip unsweetened lemon juice! And if hunger just proves too much for you, in the end you will lash out and devour five huge guilt-inducing cream cakes at a sitting. Then things will turn out to be even worse. Wood I went on diet when my doctor told me that my blood pressure tended to be high. Only at that time did I realize the danger of being overweight. Since I began making dietary changes in 1982, eating this way has become increasingly accepted. I don't feel I've lost something after dieting. Instead, I've got something valuable. That is good health. Now match each of the persons to the appropriate statement. Note: there are two extra statements.

Statements 61. Abbey [A] Being on a diet is a torture. 62. Marlin [B] I feel better with vegetarian food. 63. Maggie [C] I lost weight after dieting. [D] I began dieting for the sake of health. 64. Belinda [E] Dieting enables people to enjoy life more. 65. Wood [F] Dieting simply causes endless worries. [G] Dieting does more harm than good to one's health. 参考答案：61-65 ABCGD 相关推荐：

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