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职称英语真题之卫生类C级阅读理解: 第4部分：阅读理解(
第31～45题，每题3分，共45分) 下面有3篇短文，每篇短文后
有5道题。请根据短文内容，为每题确定1个最佳选项。(对不起，第一篇暂缺)www. Examda.CoM 第二篇 Stop Eating Too
Much “ Clean your plate! ” and “ Be a member of the cleanplate
club! ” Just about every kid in the US has heard this from a parent or
grandparent. Often , its accompanied by an appeal : “ Just think
about those starving orphans(孤儿)in Africa T ” Sure , we should
be grateful for。 every bite of food . Unfortunately, many people in
the US take too many bites . Instead of staying “ clean the . plate ”
 , perhaps we should save some food for tomorrow. According to
news reports , US restaurants are partly to blame for the growing
bellies(肚子) . A waiter puts a plate of food in front of each
customer , with two to four times the amount recommended by the
government , according to a USA Today story . Americans
traditionally associate quantity with value and most restaurants try to
give them that . They prefer to have customers complain about too
much food rather than too little. Barbara Rolls , a nutrition(营
养)professor at Pennsylvania State University, told USA Today that
restaurant portion sizes began to grow in the 1 970s , the same time
that the American waistline(腰围)began to expand . Health experts
have tried to get many restaurants to serve smaller portions. Now

, apparently , some customers are calling for ‘ this ‘ too . The restaurant industry trade magazine QSR reported last month that 57 percent of more than 4 , 000 people surveyed believed restaurants served portions that were too large ; 23 percent had no opinion ; 20percent disagreed . But a closer look at the survey indicates that many Americans who can ’ t afford fine dining still prefer large portions . Seventy percent of those earning at least \$1 50 , 000 per year prefer smaller portions ; but only 45 percent of those earning less than\$25 , 000 want smaller . Its not that working class Americans don ’ t want to eat healthy . Its just that , after long hours at lowpaying jobs , getting less on their plate hardly seems like a good deal . They live from paycheck(薪金支票)to paycheck , happy to save a little money for next year ’ s Christmas presents .

36. Parents in the United States tend to ask their children A. to save food for tomorrow . B. to wash the dishes来源:百考试题网 C. not to eat too much. D. not to waste food . 来源:百考试题网 37. Why do American restaurants serve large portions? A Because Americans have big bellies. B Because Americans associate quantity with value. C Because Americans are good eaters. D Because Americans are too weak. 38. What happened in the 1970s? A The US government called on its people to reduce their weight . B Health experts persuaded restaurants to serve smaller portions . C The American waistline started to expand . D The United States produced more grain than needed . 39. What does the survey indicate? A Twenty percent of Americans want smaller portions . B Many low-income Americans want large portions . C Fifty--seven percent of Americans want

large portions . D Forty--five percent of Americans want smaller portions. 40. Which of the following is NOT true of working class Americans? A. They work long hours . <http://ks.100test.com> B. They live from paycheck to paycheck . C. They want to save money for presents . D. They don ' t want to be healthy eaters. 100Test 下载频道开通 , 各类考试题目直接下载。详细请访问 www.100test.com